


## Survey: Exploring Choices About Death

## Report: Default Report

Survey Status		Respondent Statistics		Points Summary:			<a href="#">Convert to PDF</a> <a href="#">Email PDF</a> <a href="#">Export to Excel</a>
Status:	Closed	Total Responses:	96	Max Attainable:	0	100%	
Deploy Date:	03/02/2009	Completes:	68	Highest:	0	0%	
Closed Date:	06/01/2009	Partials:	28	Lowest:	0	0%	
				Average:	0	0%	
				Median:	0	0%	

 View Questions:   

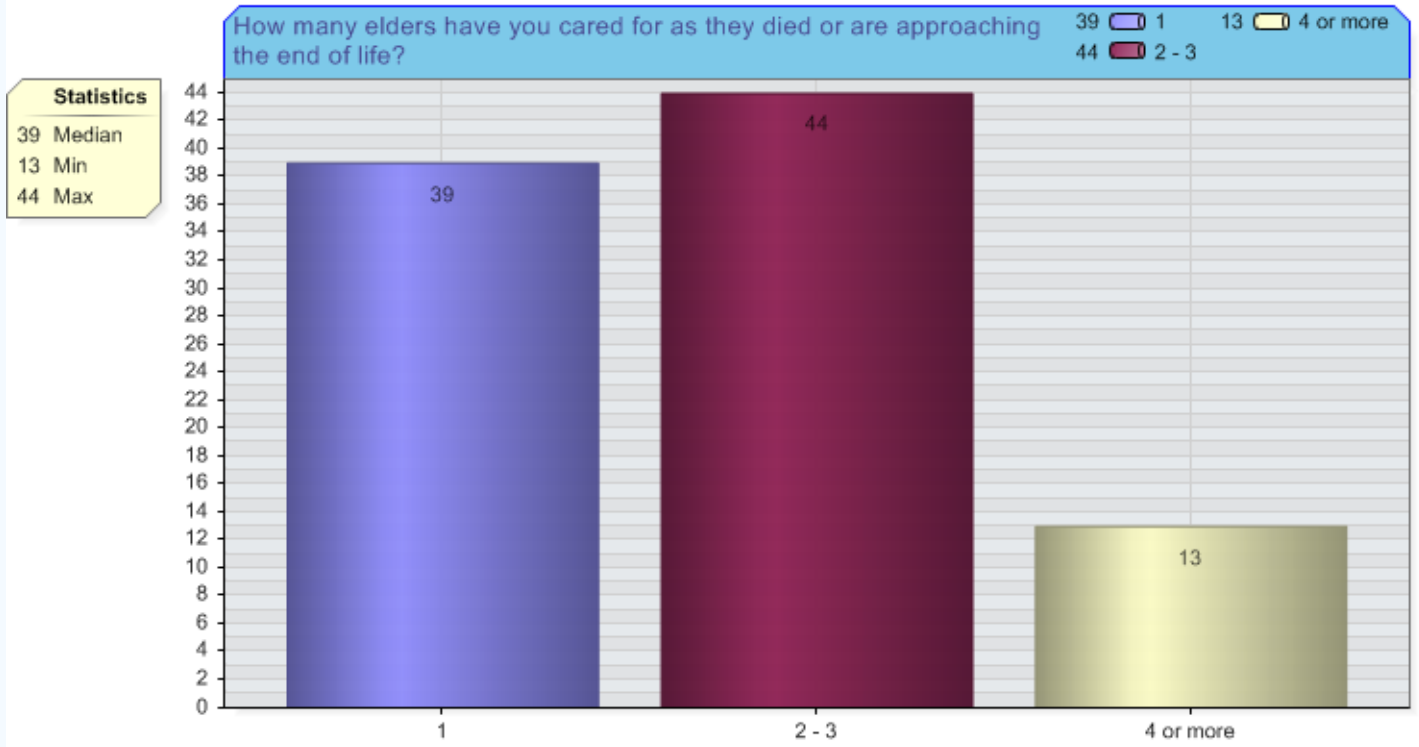
1. Please enter your zip code.

	Responses	Percent
Responses: 	96	100%
Total Responded to this question:	96	100%
Total who skipped this question:	0	0%
Total:	96	100%

Graph/Chart function not relevant for this question type.

2. How many elders have you cared for as they died or are approaching the end of life?

	Responses	Percent
1:	39	40.62%
2 - 3:	44	45.83%
4 or more:	13	13.54%
Total Responded to this question:		96
Total who skipped this question:		0
Total:		96

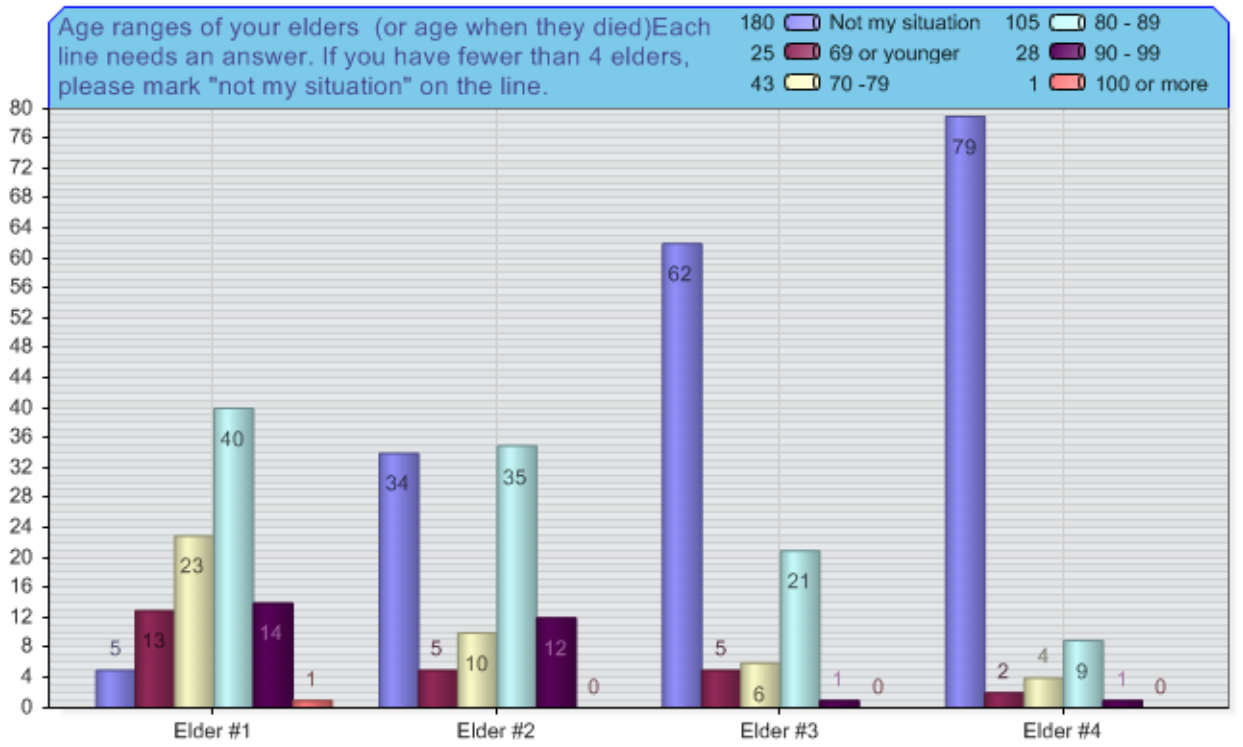


### 3. Age ranges of your elders (or age when they died)

Each line needs an answer. If you have fewer than 4 elders, please mark "not my situation" on the line.

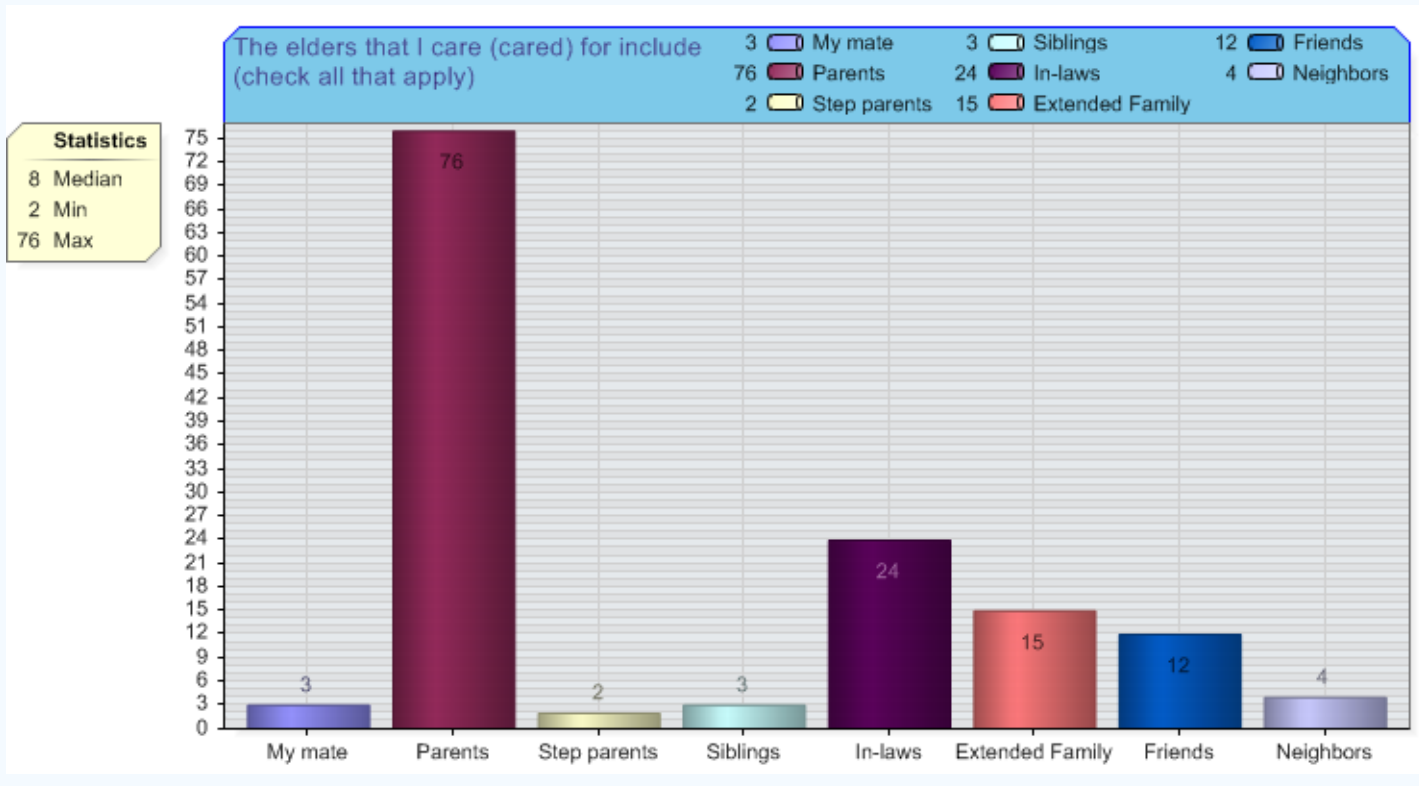
	Not my situation	69 or younger	70 - 79	80 - 89	90 - 99	100 or more	Total
Elder #1:	5(5.21%)	13(13.54%)	23(23.96%)	40(41.67%)	14(14.58%)	1(1.04%)	96
Elder #2:	34(35.42%)	5(5.21%)	10(10.42%)	35(36.46%)	12(12.5%)	0(0%)	96
Elder #3:	62(65.26%)	5(5.26%)	6(6.32%)	21(22.11%)	1(1.05%)	0(0%)	95
Elder #4:	79(83.16%)	2(2.11%)	4(4.21%)	9(9.47%)	1(1.05%)	0(0%)	95
Total Responded to this question:						96	100%
Total who skipped this question:						0	0%
Total:						96	100%

**Statistics**  
 7.5 Median  
 0 Min  
 79 Max



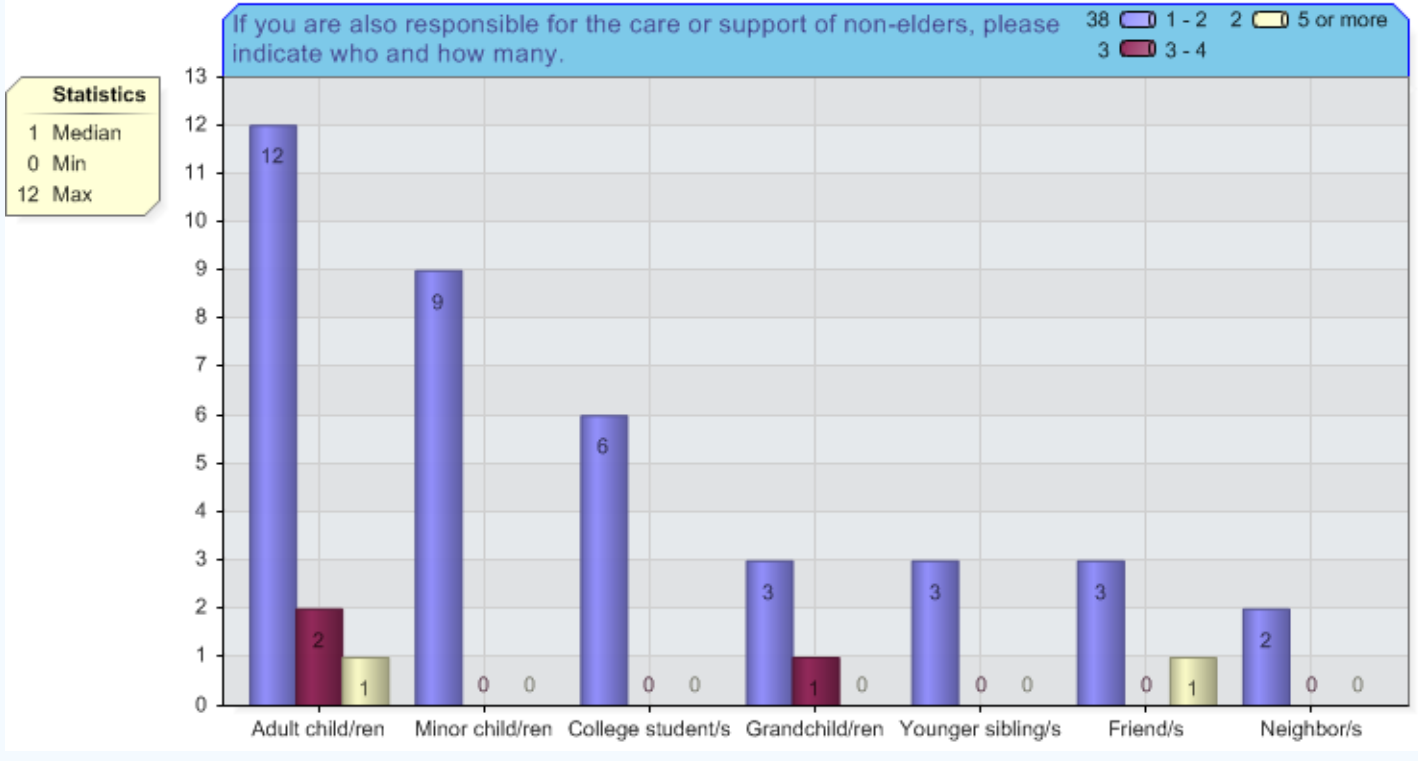
4. The elders that I care (cared) for include (check all that apply)

	Responses	Percent
My mate:	3	3.16%
Parents:	76	80%
Step parents:	2	2.11%
Siblings:	3	3.16%
In-laws:	24	25.26%
Extended Family:	15	15.79%
Friends:	12	12.63%
Neighbors:	4	4.21%
Total Responded to this question:	95	98.96%
Total who skipped this question:	1	1.04%
Total:	96	100%



5. If you are also responsible for the care or support of non-elders, please indicate who and how many.

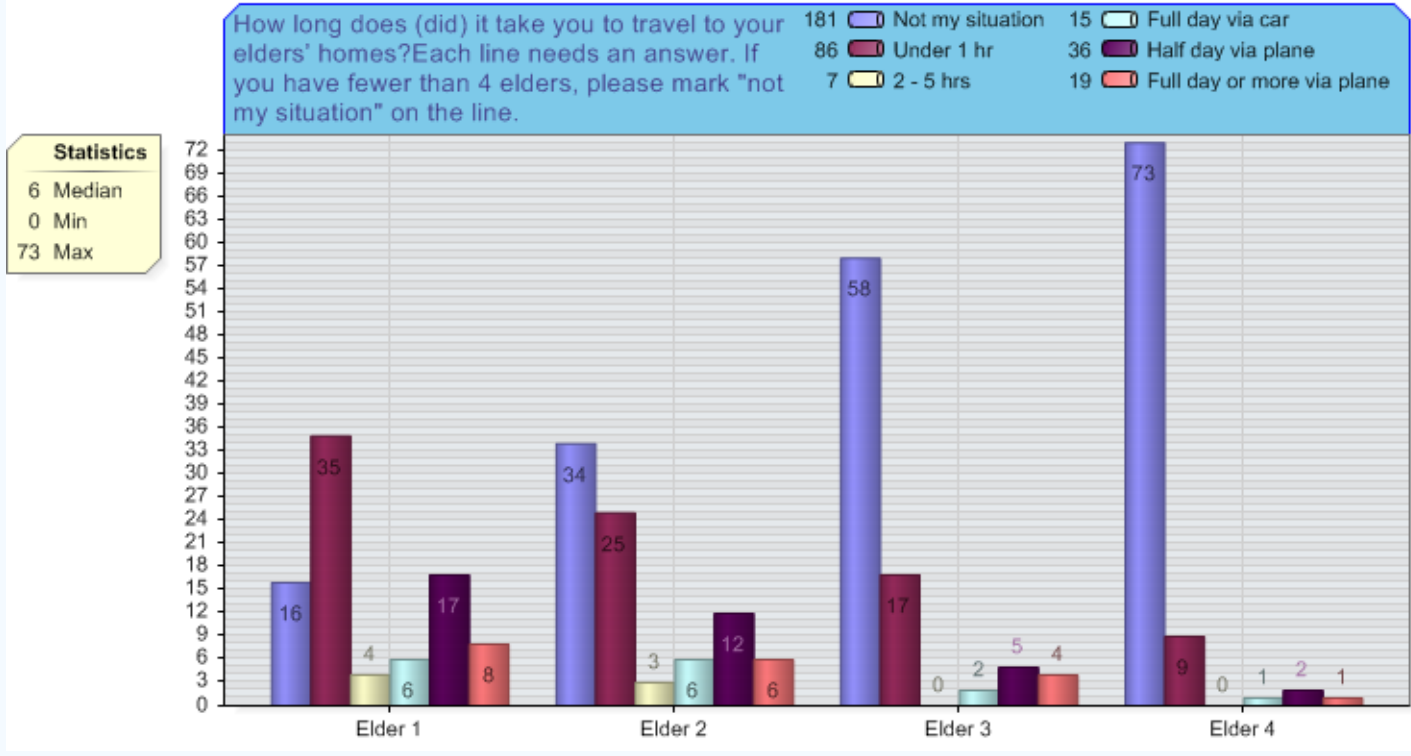
	1 - 2	3 - 4	5 or more	Total
Adult child/ren:	12(80%)	2(13.33%)	1(6.67%)	15
Minor child/ren:	9(100%)	0(0%)	0(0%)	9
College student/s:	6(100%)	0(0%)	0(0%)	6
Grandchild/ren:	3(75%)	1(25%)	0(0%)	4
Younger sibling/s:	3(100%)	0(0%)	0(0%)	3
Friend/s:	3(75%)	0(0%)	1(25%)	4
Neighbor/s:	2(100%)	0(0%)	0(0%)	2
Total Responded to this question:			32	33.33%
Total who skipped this question:			64	66.67%
Total:			96	100%



6. How long does (did) it take you to travel to your elders' homes?

Each line needs an answer. If you have fewer than 4 elders, please mark "not my situation" on the line.

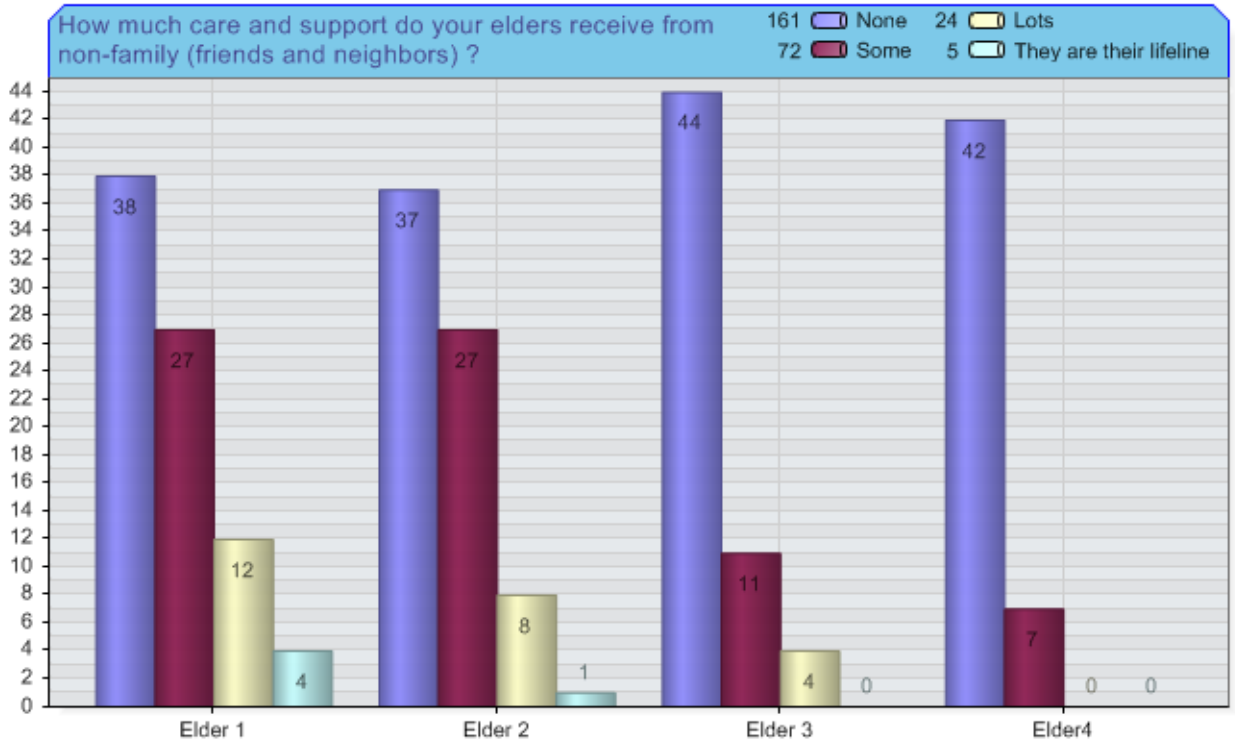
	Not my situation	Under 1 hr	2 - 5 hrs	Full day via car	Half day via plane	Full day or more via plane	Total
Elder 1:	16(18.6%)	35(40.7%)	4(4.65%)	6(6.98%)	17(19.77%)	8(9.3%)	86
Elder 2:	34(39.53%)	25(29.07%)	3(3.49%)	6(6.98%)	12(13.95%)	6(6.98%)	86
Elder 3:	58(67.44%)	17(19.77%)	0(0%)	2(2.33%)	5(5.81%)	4(4.65%)	86
Elder 4:	73(84.88%)	9(10.47%)	0(0%)	1(1.16%)	2(2.33%)	1(1.16%)	86
Total Responded to this question:						86	89.58%
Total who skipped this question:						10	10.42%
Total:						96	100%



7. How much care and support do your elders receive from non-family (friends and neighbors) ?

	None	Some	Lots	They are their lifeline	Total
Elder 1:	38(46.91%)	27(33.33%)	12(14.81%)	4(4.94%)	81
Elder 2:	37(50.68%)	27(36.99%)	8(10.96%)	1(1.37%)	73
Elder 3:	44(74.58%)	11(18.64%)	4(6.78%)	0(0%)	59
Elder4:	42(85.71%)	7(14.29%)	0(0%)	0(0%)	49
Total Responded to this question:				82	85.42%
Total who skipped this question:				14	14.58%
Total:				96	100%

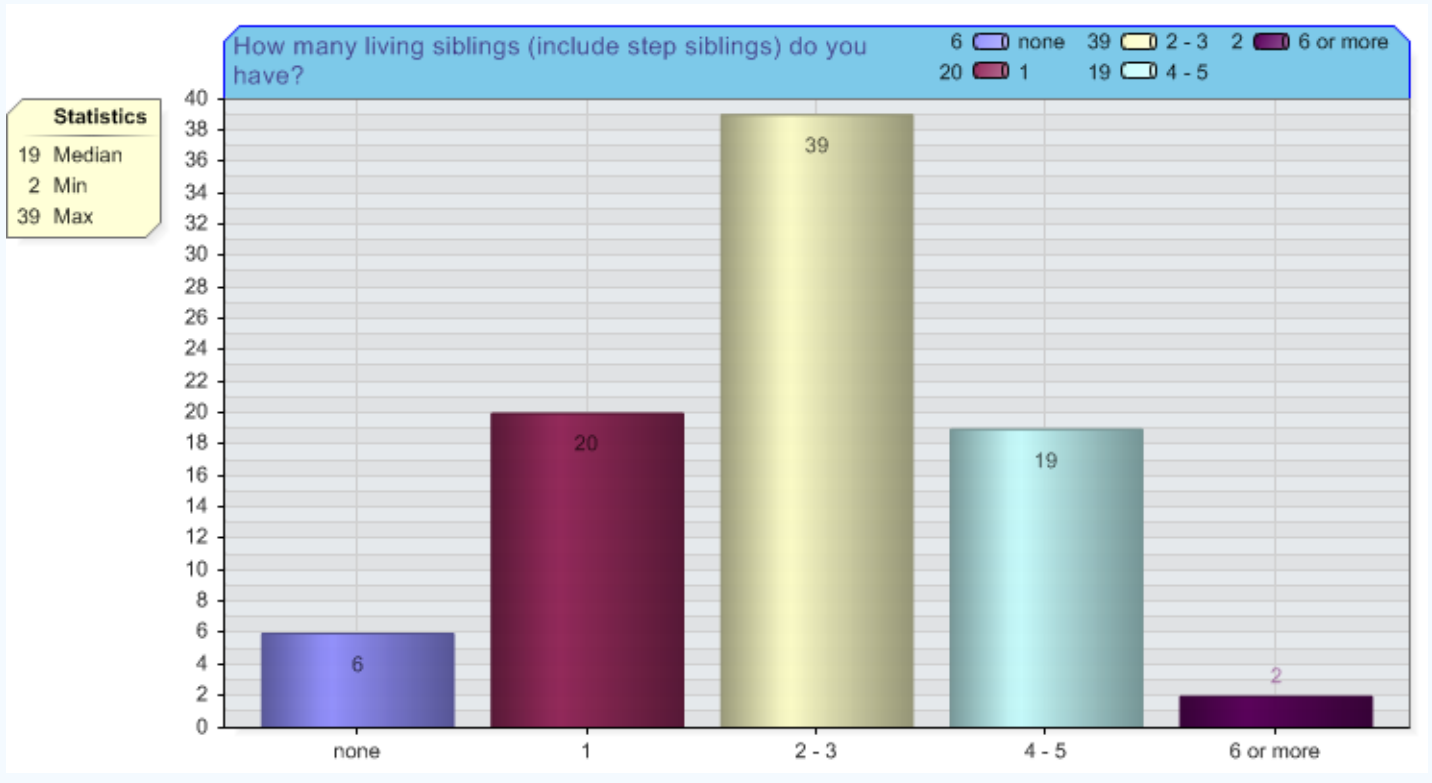
**Statistics**  
 9.5 Median  
 0 Min  
 44 Max



8. How many living siblings (include step siblings) do you have?

	Responses	Percent
none (0 Points):	6	6.98%
1 (0 Points):	20	23.26%
2 - 3 (0 Points):	39	45.35%
4 - 5 (0 Points):	19	22.09%
6 or more (0 Points):	2	2.33%
Total Responded to this question:		86 89.58%
Total who skipped this question:		10 10.42%
Total:		96 100%

Points Summary:  
 Highest: 0 Lowest: 0 Average: 0 Median: 0

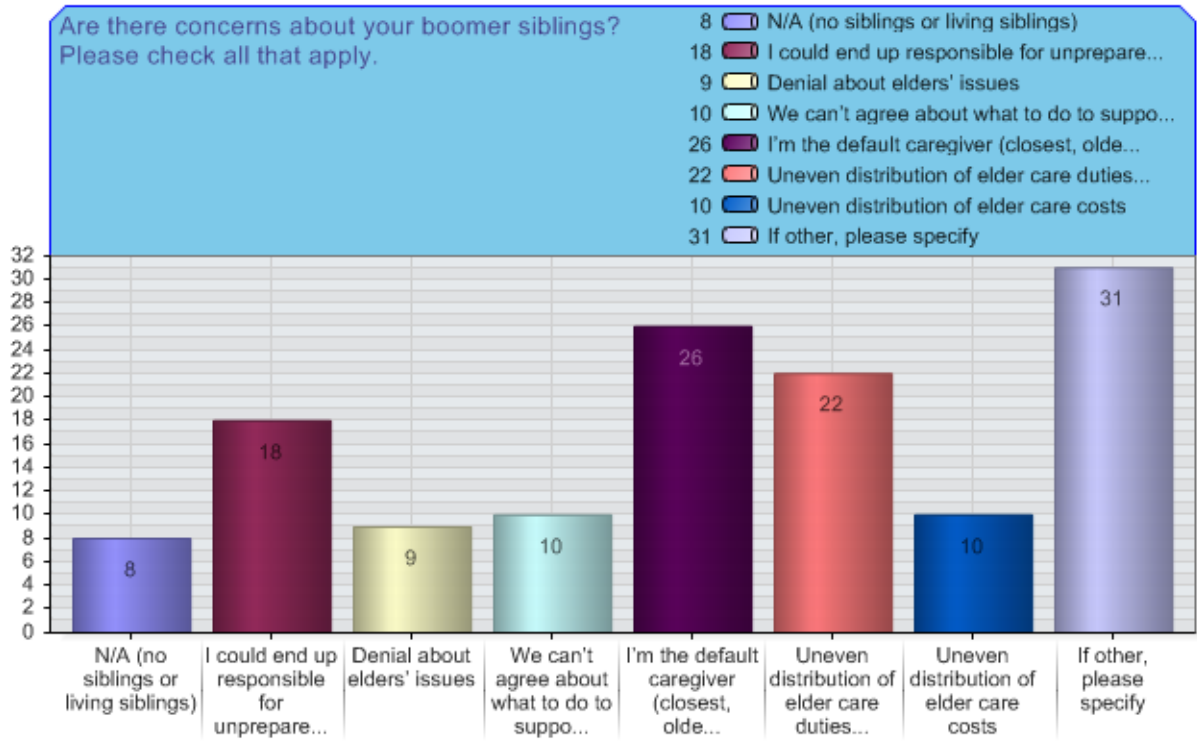


9. Are there concerns about your boomer siblings?

Please check all that apply.

	Responses	Percent
N/A (no siblings or living siblings):	8	9.3%
I could end up responsible for unprepared elderly siblings:	18	20.93%
Denial about elders' issues:	9	10.47%
We can't agree about what to do to support elders:	10	11.63%
I'm the default caregiver (closest, oldest, daughter, etc.):	26	30.23%
Uneven distribution of elder care duties:	22	25.58%
Uneven distribution of elder care costs:	10	11.63%
If other, please specify :	31	36%
Total Responded to this question:		86 89.58%
Total who skipped this question:		10 10.42%
Total:		96 100%

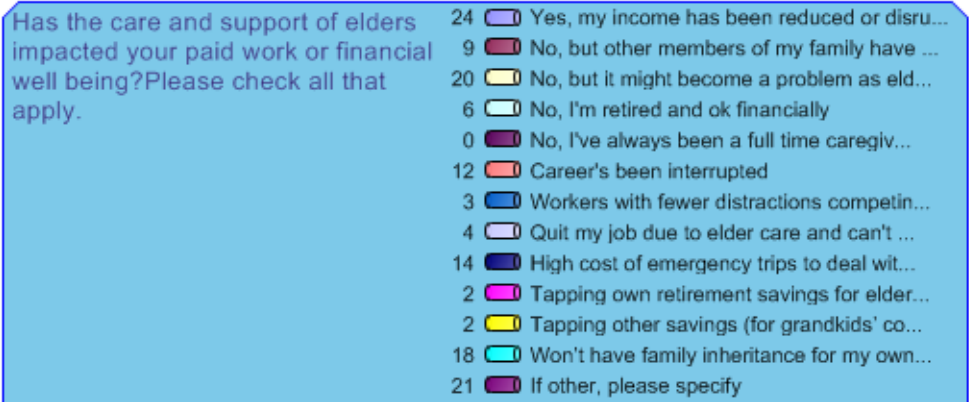
**Statistics**  
 14 Median  
 8 Min  
 31 Max



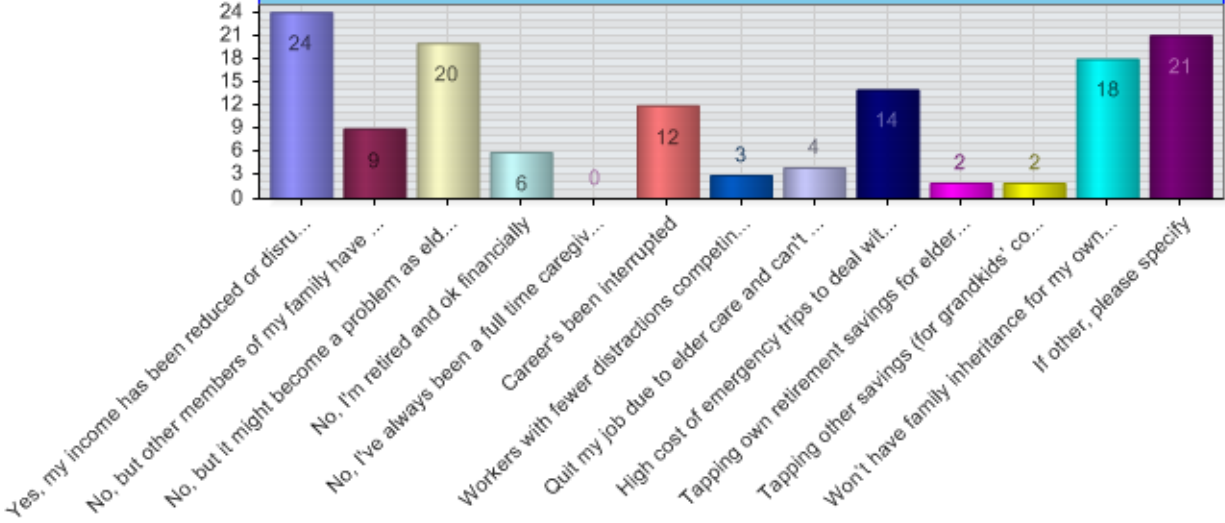
10. Has the care and support of elders impacted your paid work or financial well being?

Please check all that apply.

	Responses	Percent
Yes, my income has been reduced or disrupted due to elder care:	24	27.91%
No, but other members of my family have been impacted financially:	9	10.47%
No, but it might become a problem as elders' health gets worse:	20	23.26%
No, I'm retired and ok financially:	6	6.98%
No, I've always been a full time caregiver:	0	0%
Career's been interrupted:	12	13.95%
Workers with fewer distractions competing for my job:	3	3.49%
Quit my job due to elder care and can't find a new one:	4	4.65%
High cost of emergency trips to deal with crises:	14	16.28%
Tapping own retirement savings for elder care:	2	2.33%
Tapping other savings (for grandkids' college, etc.) for elder care:	2	2.33%
Won't have family inheritance for my own retirement:	18	20.93%
If other, please specify :	21	24%
Total Responded to this question:	86	89.58%
Total who skipped this question:	10	10.42%
Total:	96	100%



**Statistics**  
 9 Median  
 0 Min  
 24 Max

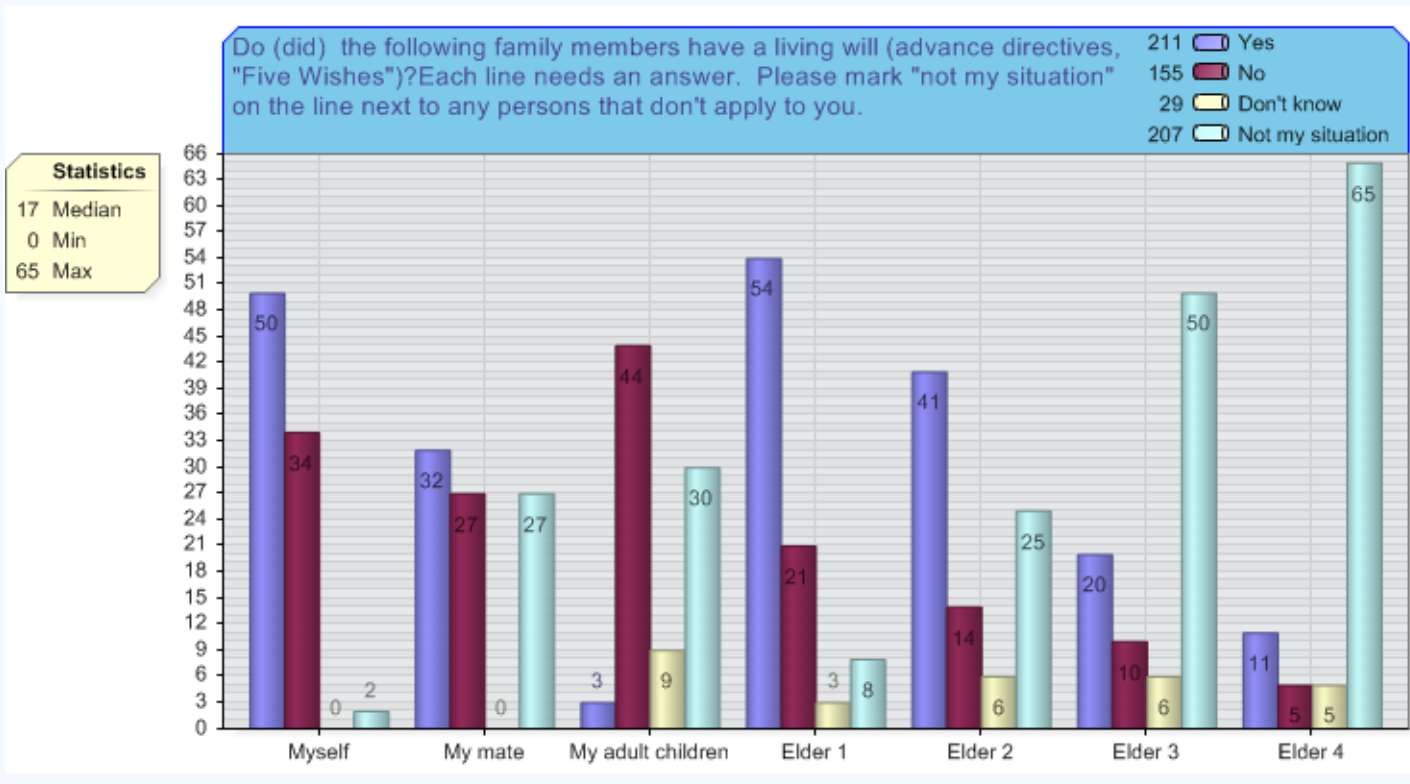




11. Do (did) the following family members have a living will (advance directives, "Five Wishes")?

Each line needs an answer. Please mark "not my situation" on the line next to any persons that don't apply to you.

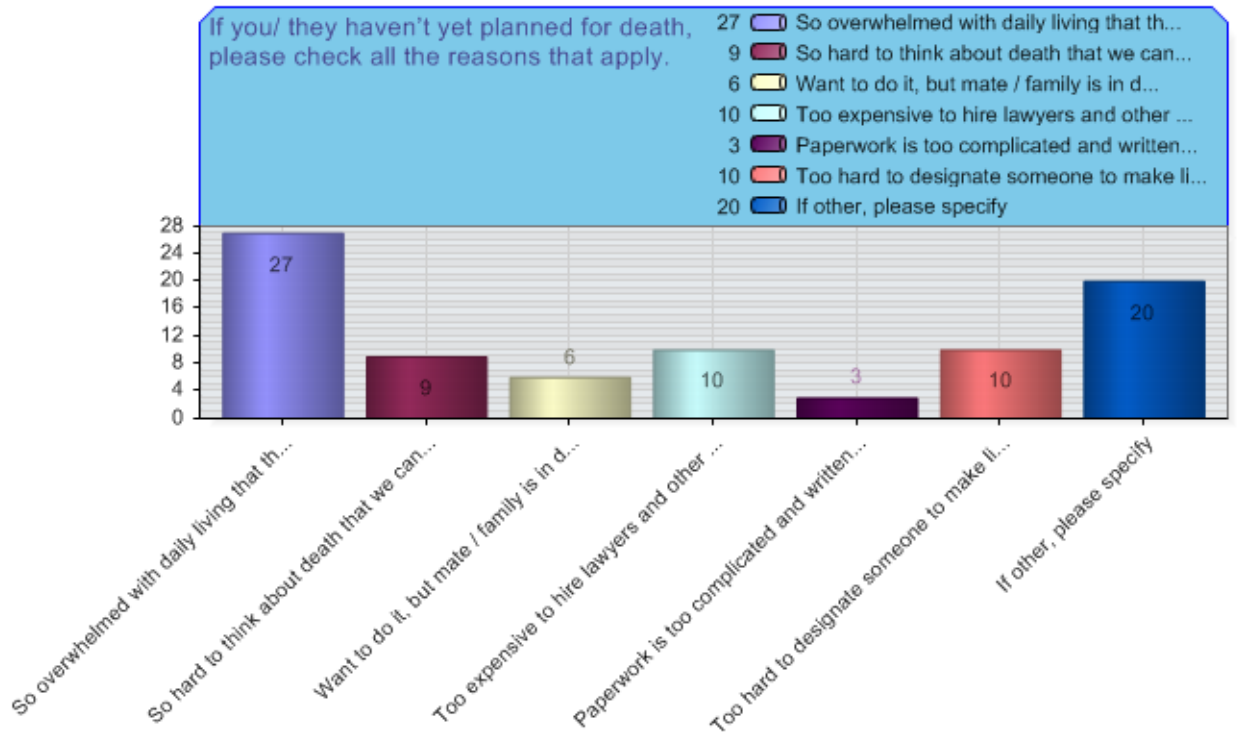
	Yes	No	Don't know	Not my situation	Total
Myself:	50(58.14%)	34(39.53%)	0(0%)	2(2.33%)	86
My mate:	32(37.21%)	27(31.4%)	0(0%)	27(31.4%)	86
My adult children:	3(3.49%)	44(51.16%)	9(10.47%)	30(34.88%)	86
Elder 1:	54(62.79%)	21(24.42%)	3(3.49%)	8(9.3%)	86
Elder 2:	41(47.67%)	14(16.28%)	6(6.98%)	25(29.07%)	86
Elder 3:	20(23.26%)	10(11.63%)	6(6.98%)	50(58.14%)	86
Elder 4:	11(12.79%)	5(5.81%)	5(5.81%)	65(75.58%)	86
Total Responded to this question:				86	89.58%
Total who skipped this question:				10	10.42%
Total:				96	100%




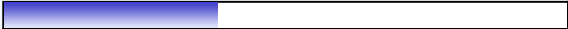
12. If you/ they haven't yet planned for death, please check all the reasons that apply.

	Responses	Percent
So overwhelmed with daily living that this just isn't a priority right now:	27	43.55%
So hard to think about death that we can't even go there:	9	14.52%
Want to do it, but mate / family is in denial and won't cooperate:	6	9.68%
Too expensive to hire lawyers and other professionals:	10	16.13%
Paperwork is too complicated and written in "legalese":	3	4.84%
Too hard to designate someone to make life/death decisions:	10	16.13%
If other, please specify :	20	32%
Total Responded to this question:		62 64.58%
Total who skipped this question:		34 35.42%
Total:		96 100%

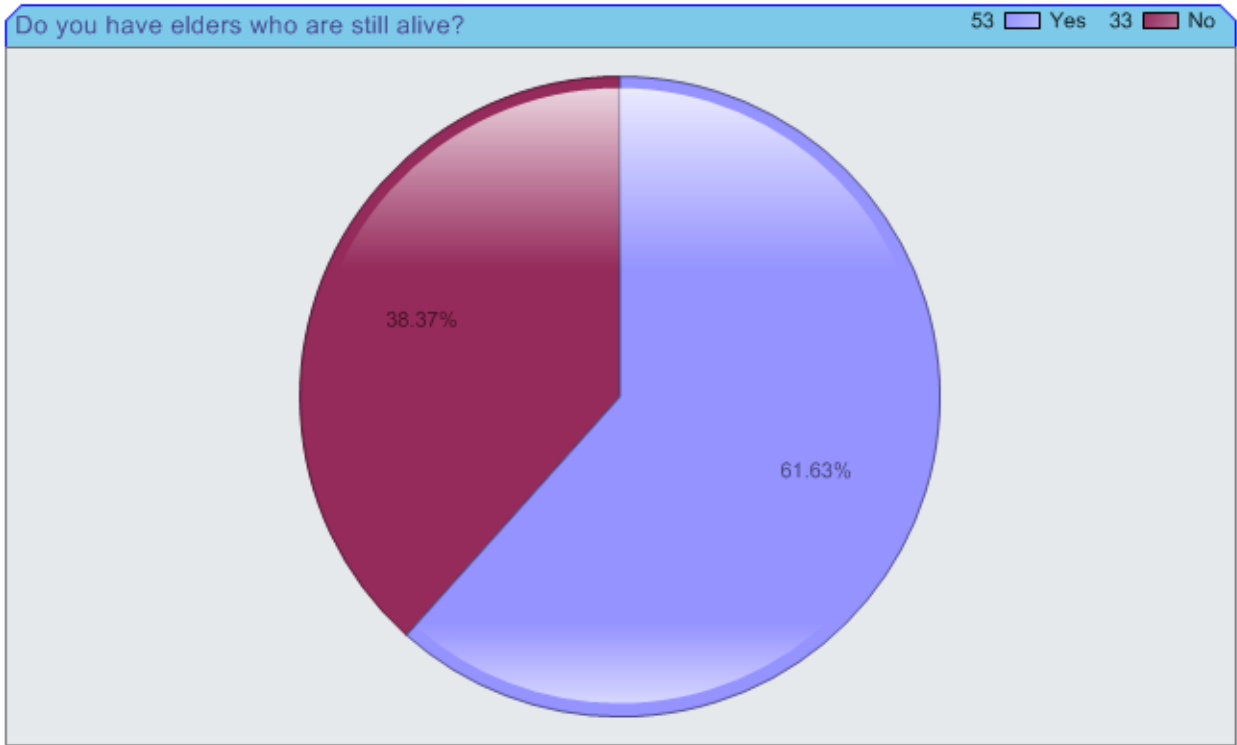
**Statistics**  
 10 Median  
 3 Min  
 27 Max



13. Do you have elders who are still alive?



	Responses	Percent
Yes: 	53	61.63%
No: 	33	38.37%
Total Responded to this question:	86	89.58%
Total who skipped this question:	10	10.42%
Total:	96	100%

**Statistics**  
33 Min  
53 Max



14. Do you have elders who are still alive but who are chronically or terminally ill, and trying lots of medical treatments even though they aren't helping much?

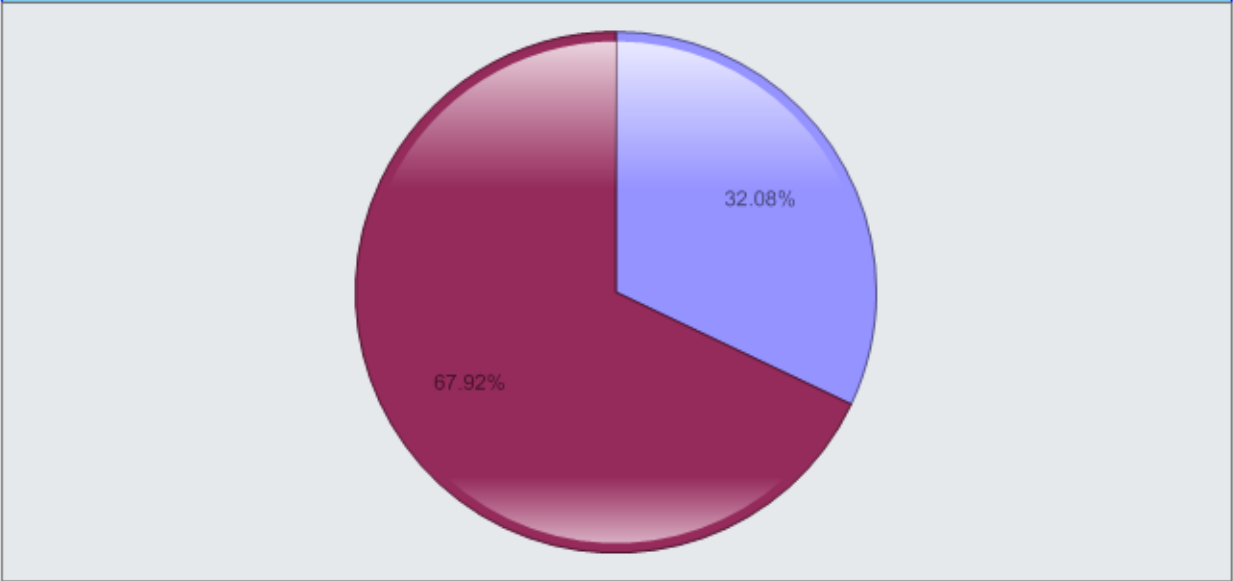
We call this Medically Induced Longevity. It means medical treatments that prolong life, but do not add to the quality of life. These treatments may result in considerable suffering, expense, and long term disability.

	Responses	Percent
Yes: 	17	32.08%
No: 	36	67.92%
Total Responded to this question:	53	55.21%
Total who skipped this question:	43	44.79%
Total:	96	100%

Do you have elders who are still alive but who are chronically or terminally ill, and trying lots of medical treatments even though they aren't helping much? We call this Medically Induced Longevity. It means medical treatments that prolong life, but do not add to the quality of life. These treatments may result in considerable suffering, expense, and long term disability.

17  Yes  
36  No

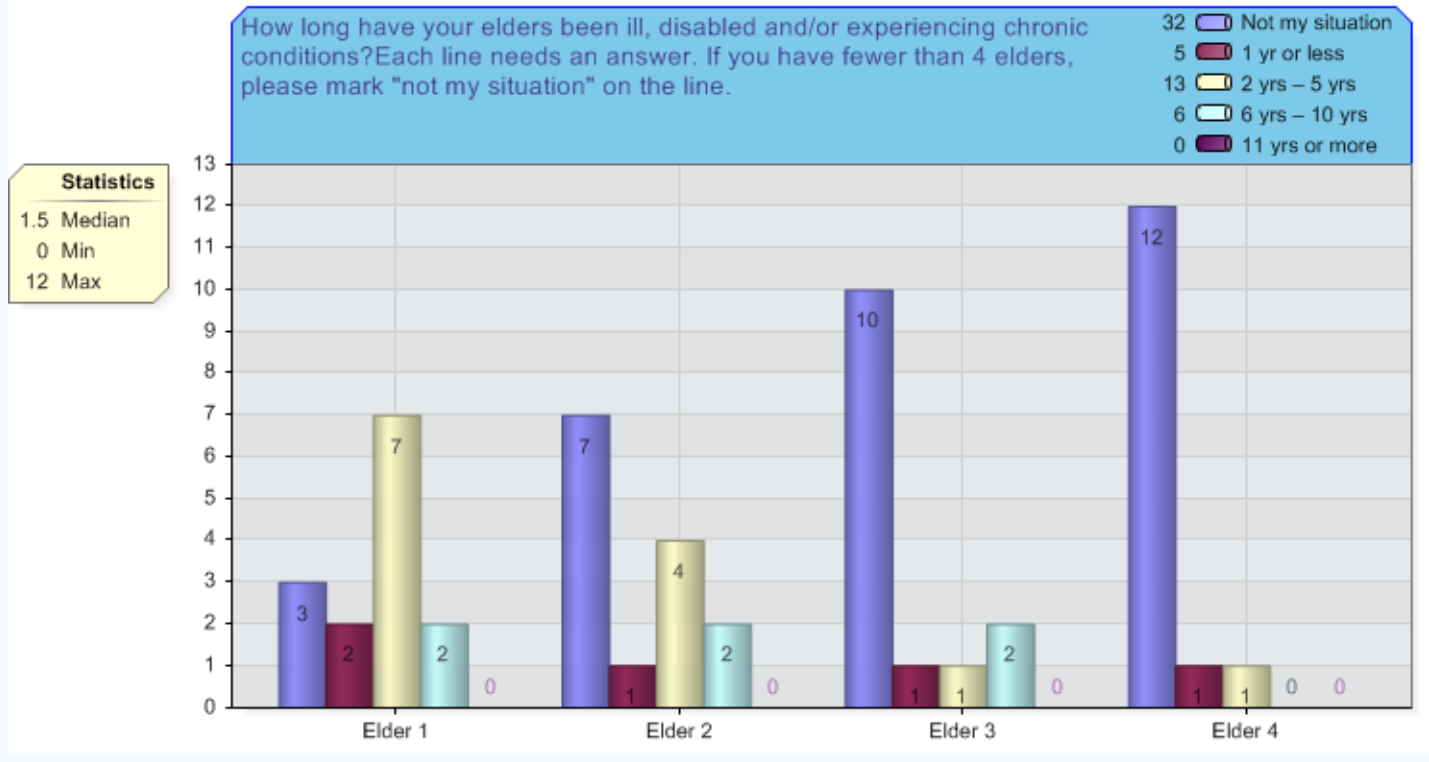
**Statistics**  
17 Min  
36 Max



15. How long have your elders been ill, disabled and/or experiencing chronic conditions?

Each line needs an answer. If you have fewer than 4 elders, please mark "not my situation" on the line.

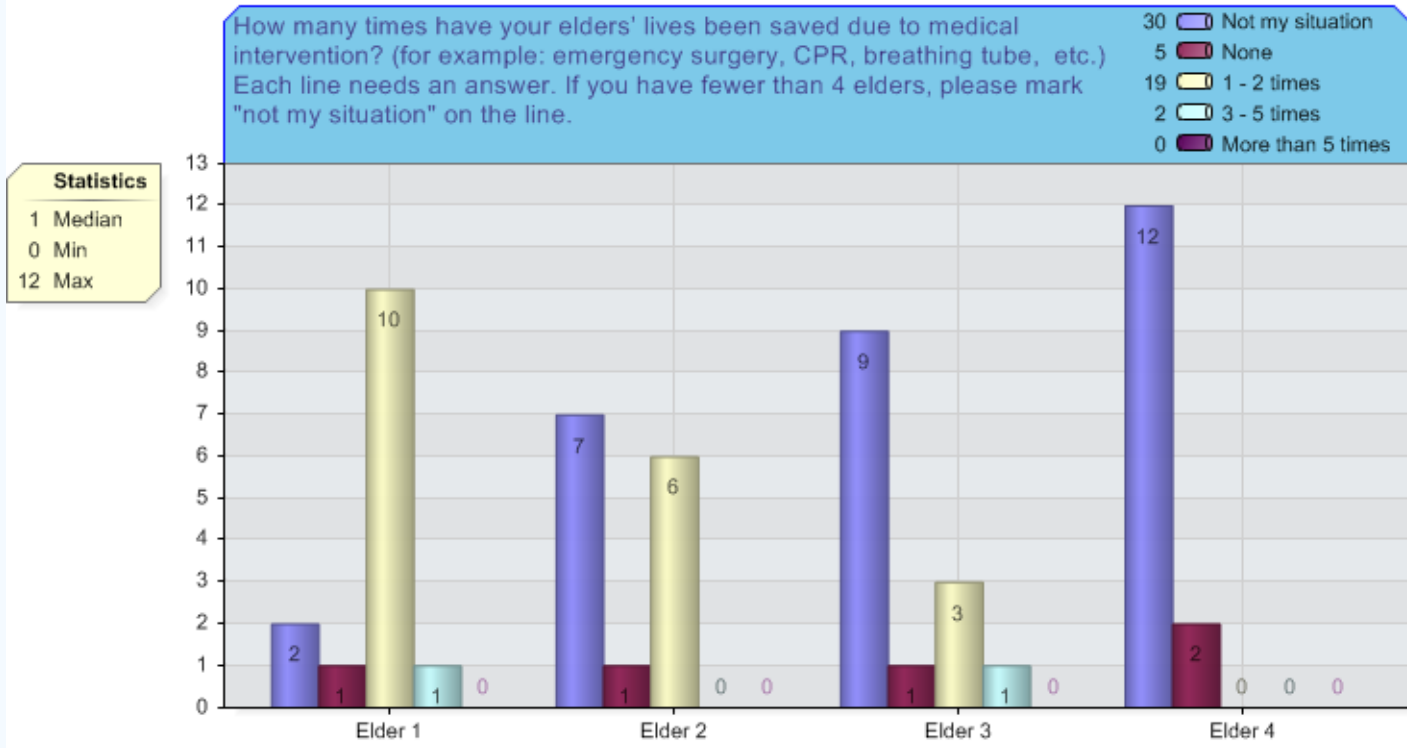
	Not my situation	1 yr or less	2 yrs – 5 yrs	6 yrs – 10 yrs	11 yrs or more	Total
Elder 1:	3(21.43%)	2(14.29%)	7(50%)	2(14.29%)	0(0%)	14
Elder 2:	7(50%)	1(7.14%)	4(28.57%)	2(14.29%)	0(0%)	14
Elder 3:	10(71.43%)	1(7.14%)	1(7.14%)	2(14.29%)	0(0%)	14
Elder 4:	12(85.71%)	1(7.14%)	1(7.14%)	0(0%)	0(0%)	14
Total Responded to this question:					14	14.58%
Total who skipped this question:					82	85.42%
Total:					96	100%



16. How many times have your elders' lives been saved due to medical intervention? (for example: emergency surgery, CPR, breathing tube, etc.)

Each line needs an answer. If you have fewer than 4 elders, please mark "not my situation" on the line.

	Not my situation	None	1 - 2 times	3 - 5 times	More than 5 times	Total
Elder 1:	2(14.29%)	1(7.14%)	10(71.43%)	1(7.14%)	0(0%)	14
Elder 2:	7(50%)	1(7.14%)	6(42.86%)	0(0%)	0(0%)	14
Elder 3:	9(64.29%)	1(7.14%)	3(21.43%)	1(7.14%)	0(0%)	14
Elder 4:	12(85.71%)	2(14.29%)	0(0%)	0(0%)	0(0%)	14
Total Responded to this question:					14	14.58%
Total who skipped this question:					82	85.42%
Total:					96	100%



17. As your elder was going in for care during a medical emergency, once they were stabilized , did the doctors talk about quality of life (what life would be like after the procedure) before heroic treatments were started?

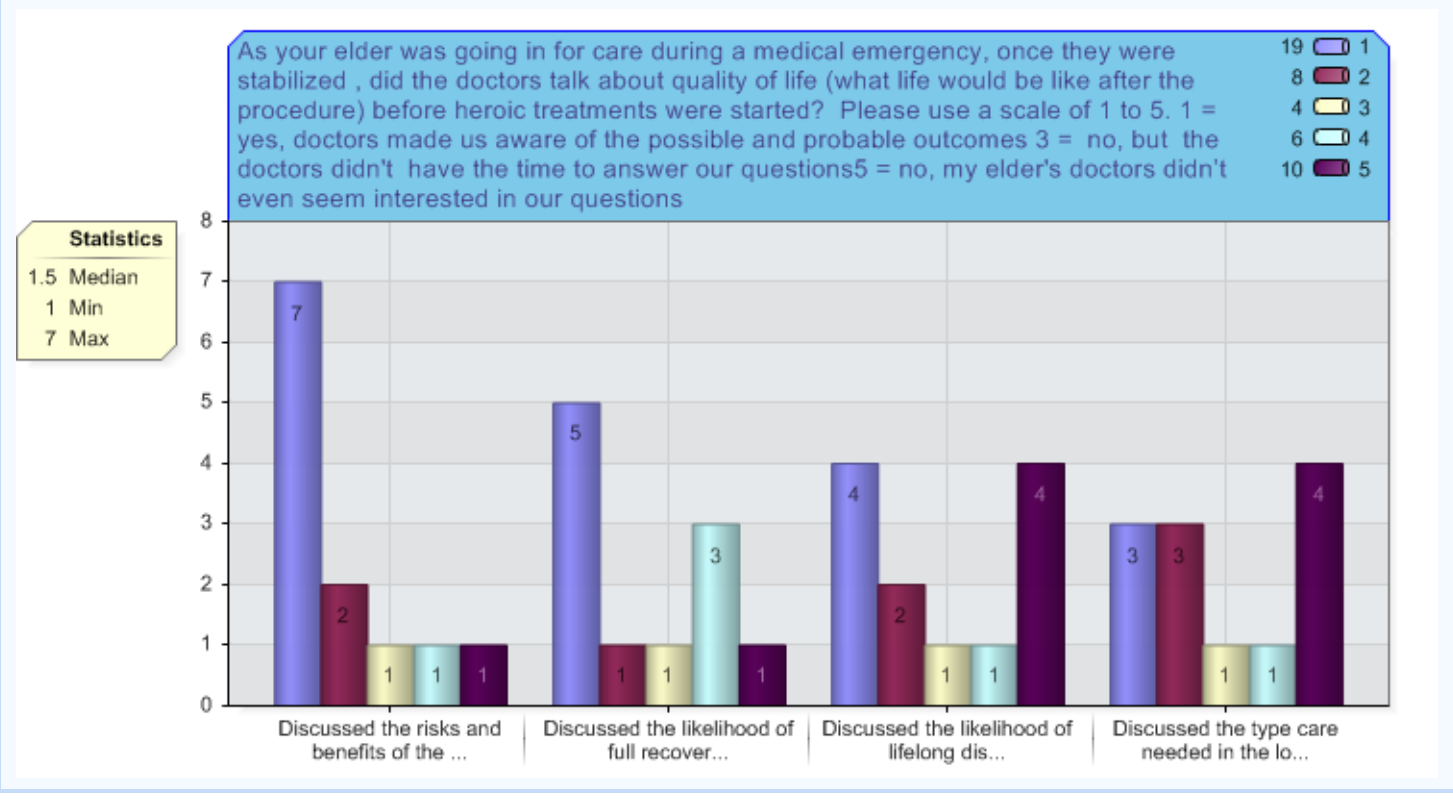
Please use a scale of 1 to 5.

1 = yes, doctors made us aware of the possible and probable outcomes

3 = no, but the doctors didn't have the time to answer our questions

5 = no, my elder's doctors didn't even seem interested in our questions

	1	2	3	4	5	Total
Discussed the risks and benefits of the procedures:	7(58.33%)	2(16.67%)	1(8.33%)	1(8.33%)	1(8.33%)	12
Discussed the likelihood of full recovery:	5(45.45%)	1(9.09%)	1(9.09%)	3(27.27%)	1(9.09%)	11
Discussed the likelihood of lifelong disability:	4(33.33%)	2(16.67%)	1(8.33%)	1(8.33%)	4(33.33%)	12
Discussed the type care needed in the long term:	3(25%)	3(25%)	1(8.33%)	1(8.33%)	4(33.33%)	12
Total Responded to this question:					12	12.5%
Total who skipped this question:					84	87.5%
Total:					96	100%

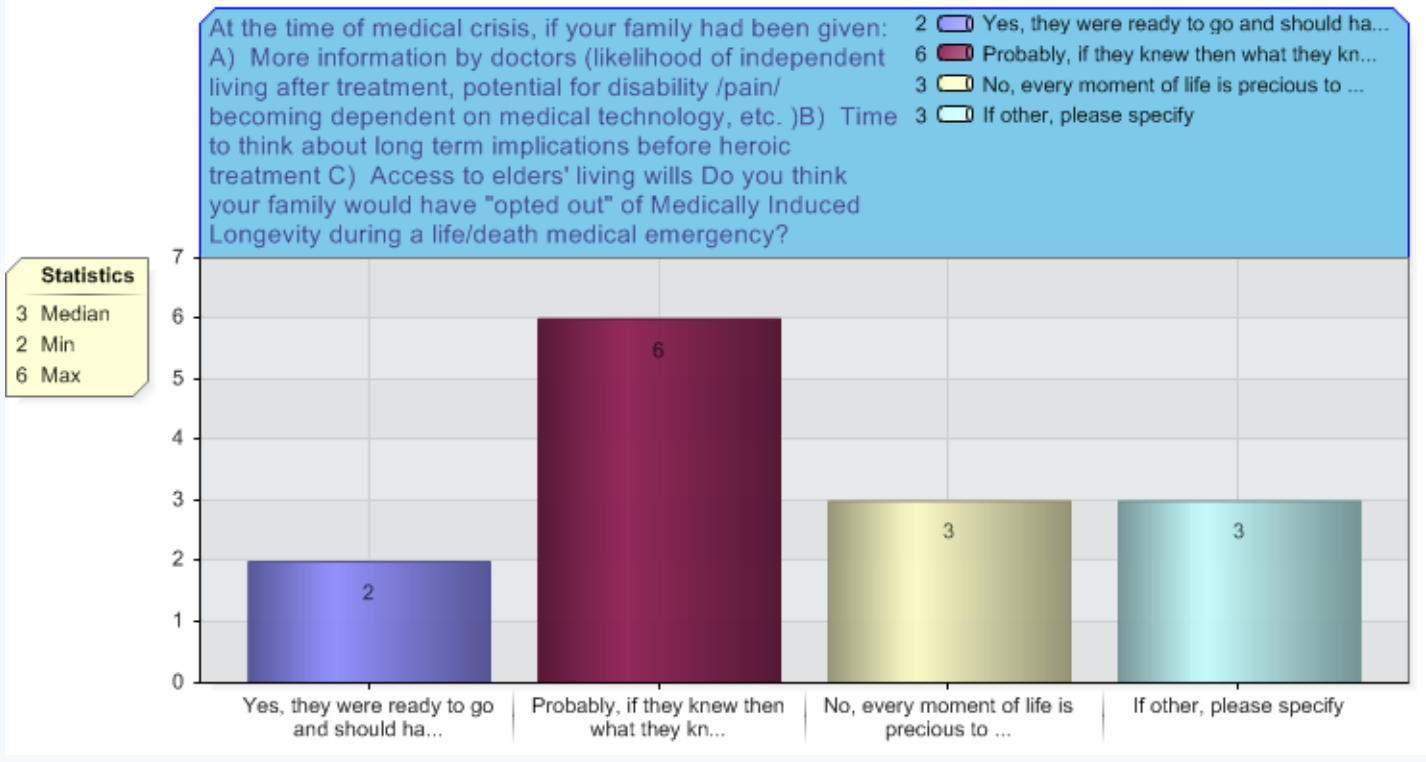


18. At the time of medical crisis, if your family had been given:

- A) More information by doctors (likelihood of independent living after treatment, potential for disability /pain/ becoming dependent on medical technology, etc. )
- B) Time to think about long term implications before heroic treatment
- C) Access to elders' living wills

Do you think your family would have "opted out" of Medically Induced Longevity during a life/death medical emergency?

	Responses	Percent
Yes, they were ready to go and should have been allowed to die with dignity (natural longevity):	2	14.29%
Probably, if they knew then what they know now about their quality of life:	6	42.86%
No, every moment of life is precious to us, no matter what it takes to sustain it:	3	21.43%
If other, please specify :	3	21.43%
Total Responded to this question:		14 14.58%
Total who skipped this question:		82 85.42%
Total:		96 100%

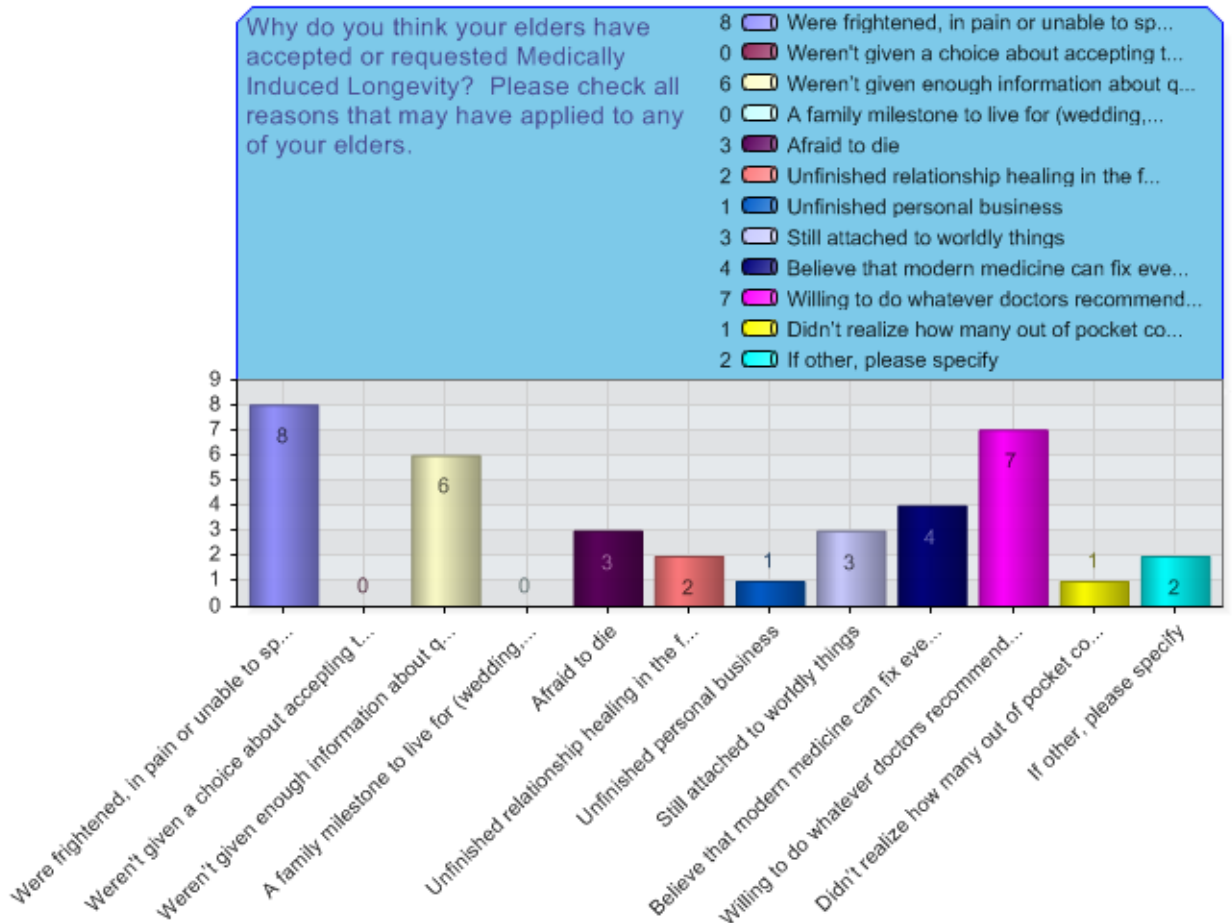


19. Why do you think your elders have accepted or requested Medically Induced Longevity?

Please check all reasons that may have applied to any of your elders.

	Responses	Percent
Were frightened, in pain or unable to speak for them self:	8	57.14%
Weren't given a choice about accepting treatment:	0	0%
Weren't given enough information about quality of life after the procedures:	6	42.86%
A family milestone to live for (wedding, 90th birthday, etc.):	0	0%
Afraid to die:	3	21.43%
Unfinished relationship healing in the family:	2	14.29%
Unfinished personal business:	1	7.14%
Still attached to worldly things:	3	21.43%
Believe that modern medicine can fix everything:	4	28.57%
Willing to do whatever doctors recommend:	7	50%
Didn't realize how many out of pocket costs there would be:	1	7.14%
If other, please specify :	2	14%
Total Responded to this question:	14	14.58%
Total who skipped this question:	82	85.42%
Total:	96	100%

**Statistics**  
 2.5 Median  
 0 Min  
 8 Max



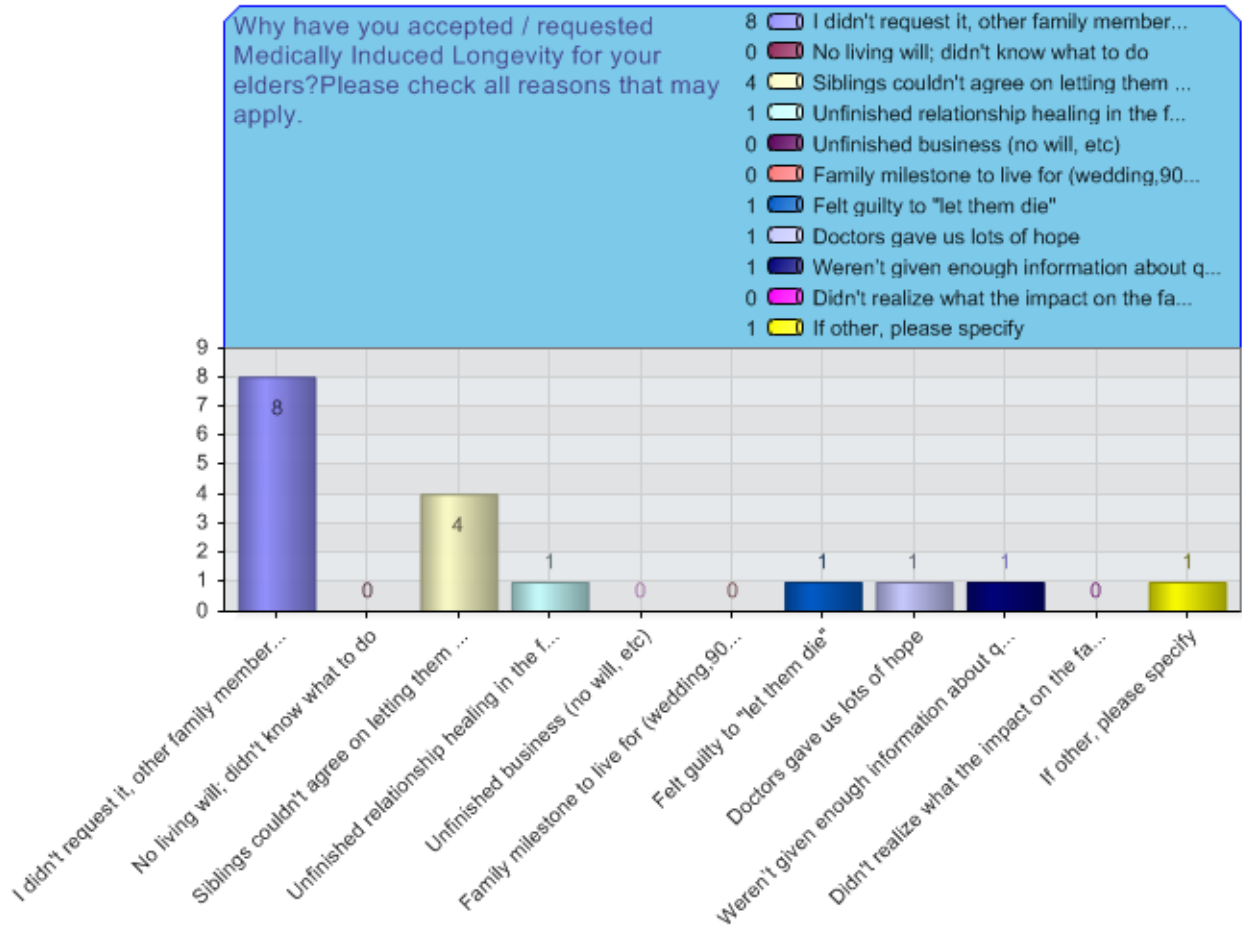
20. Why have you accepted / requested Medically Induced Longevity for your elders?

Please check all reasons that may apply.

	Responses	Percent
I didn't request it, other family members did:	8	61.54%
No living will; didn't know what to do:	0	0%
Siblings couldn't agree on letting them go:	4	30.77%
Unfinished relationship healing in the family:	1	7.69%
Unfinished business (no will, etc):	0	0%
Family milestone to live for (wedding,90th birthday, etc.):	0	0%
Felt guilty to "let them die":	1	7.69%
Doctors gave us lots of hope:	1	7.69%
Weren't given enough information about quality of life after the procedures:	1	7.69%
Didn't realize what the impact on the family would be:	0	0%
If other, please specify :	1	7%
Total Responded to this question:		13 13.54%
Total who skipped this question:		83 86.46%
Total:		96 100%

**Statistics**

1 Median  
0 Min  
8 Max



21. In non-emergency situations, do your elders' physicians attempt to make a holistic assessment of your elders' quality of life before recommending aggressive treatments?

Each line needs an answer.

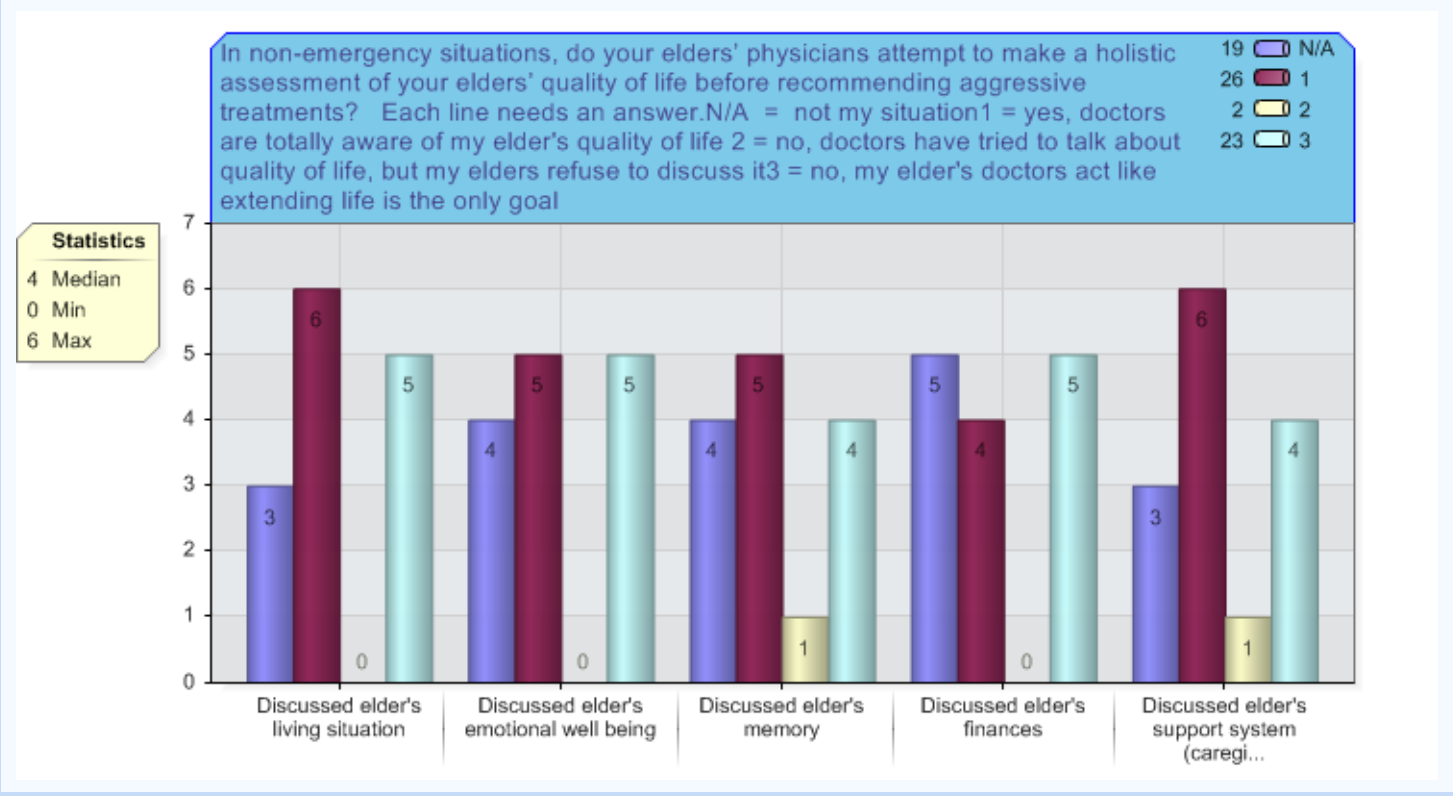
N/A = not my situation

1 = yes, doctors are totally aware of my elder's quality of life

2 = no, doctors have tried to talk about quality of life, but my elders refuse to discuss it

3 = no, my elder's doctors act like extending life is the only goal

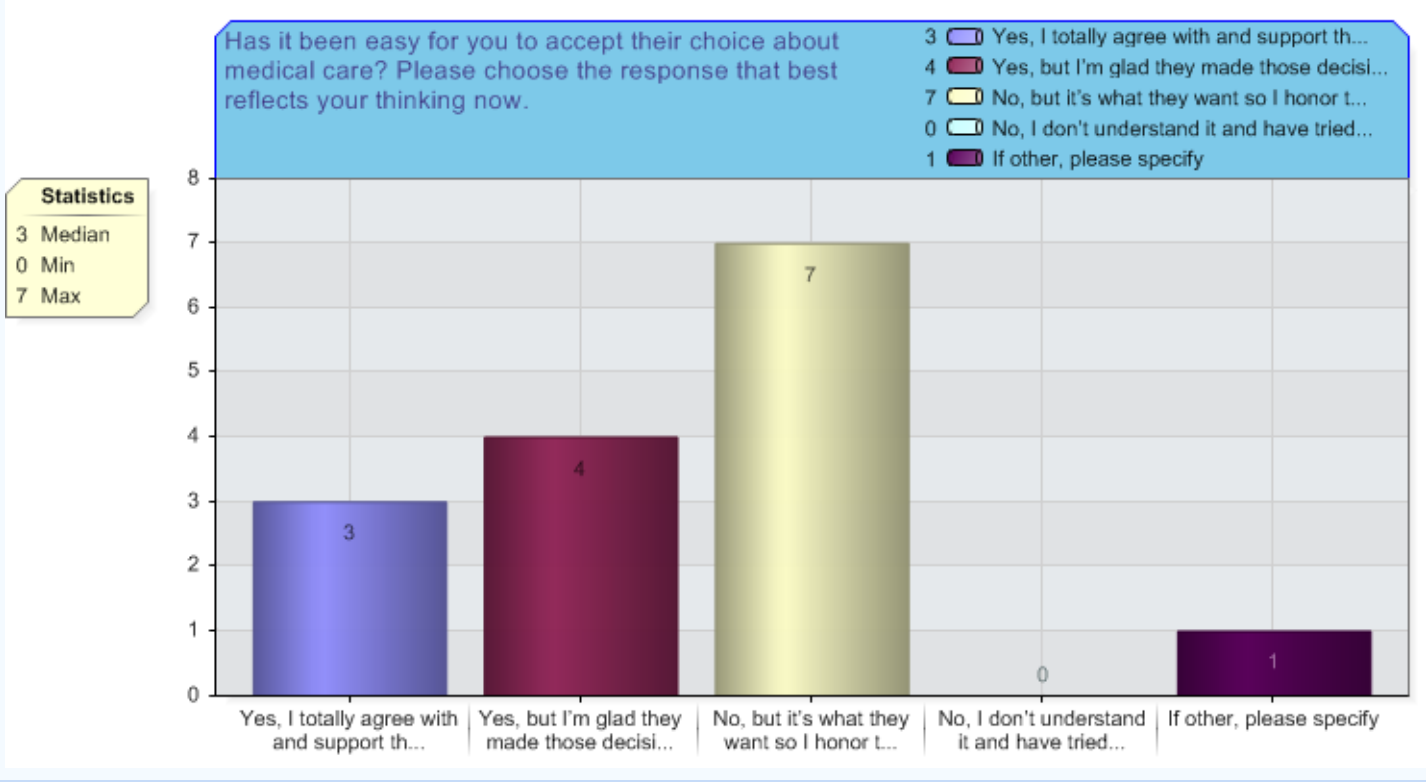
	N/A	1	2	3	Total
Discussed elder's living situation:	3(21.43%)	6(42.86%)	0(0%)	5(35.71%)	14
Discussed elder's emotional well being:	4(28.57%)	5(35.71%)	0(0%)	5(35.71%)	14
Discussed elder's memory:	4(28.57%)	5(35.71%)	1(7.14%)	4(28.57%)	14
Discussed elder's finances:	5(35.71%)	4(28.57%)	0(0%)	5(35.71%)	14
Discussed elder's support system (caregivers):	3(21.43%)	6(42.86%)	1(7.14%)	4(28.57%)	14
Total Responded to this question:				14	14.58%
Total who skipped this question:				82	85.42%
Total:				96	100%





22. Has it been easy for you to accept their choice about medical care?

Please choose the response that best reflects your thinking now.

	Responses	Percent
Yes, I totally agree with and support their decision:	3	21.43%
Yes, but I'm glad they made those decisions themselves:	4	28.57%
No, but it's what they want so I honor that:	7	50%
No, I don't understand it and have tried to talk them out of it:	0	0%
If other, please specify :	1	7%
Total Responded to this question:		14 14.58%
Total who skipped this question:		82 85.42%
Total:		96 100%



23. Do you also have elders who are still alive and choosing quality of life over longer life through medical procedures (medically induced longevity)?

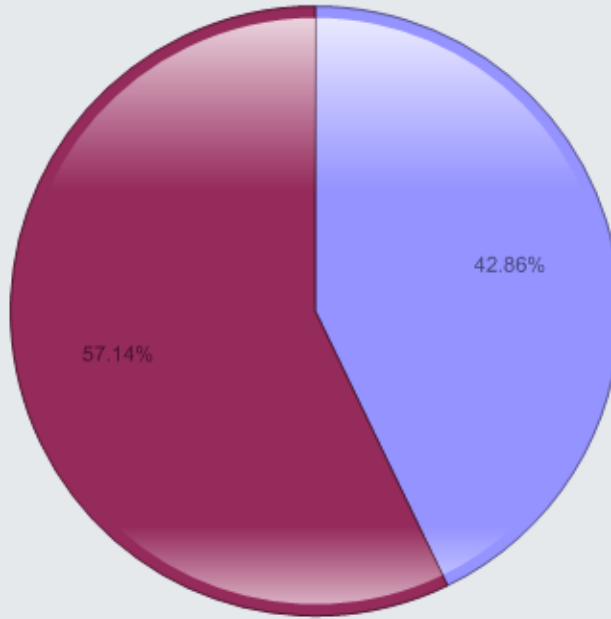
	Responses	Percent
Yes: 	6	42.86%
No: 	8	57.14%
Total Responded to this question:	14	14.58%
Total who skipped this question:	82	85.42%
Total:	96	100%

Do you also have elders who are still alive and choosing quality of life over longer life through medical procedures (medically induced longevity)?

6  Yes  
8  No

**Statistics**

6 Min  
8 Max



24. Why do you think your elders have chosen quality of life over Medically Induced Longevity?

*Medically Induced Longevity* = multiple medical interventions that prolong life, but do not add to the quality of life.

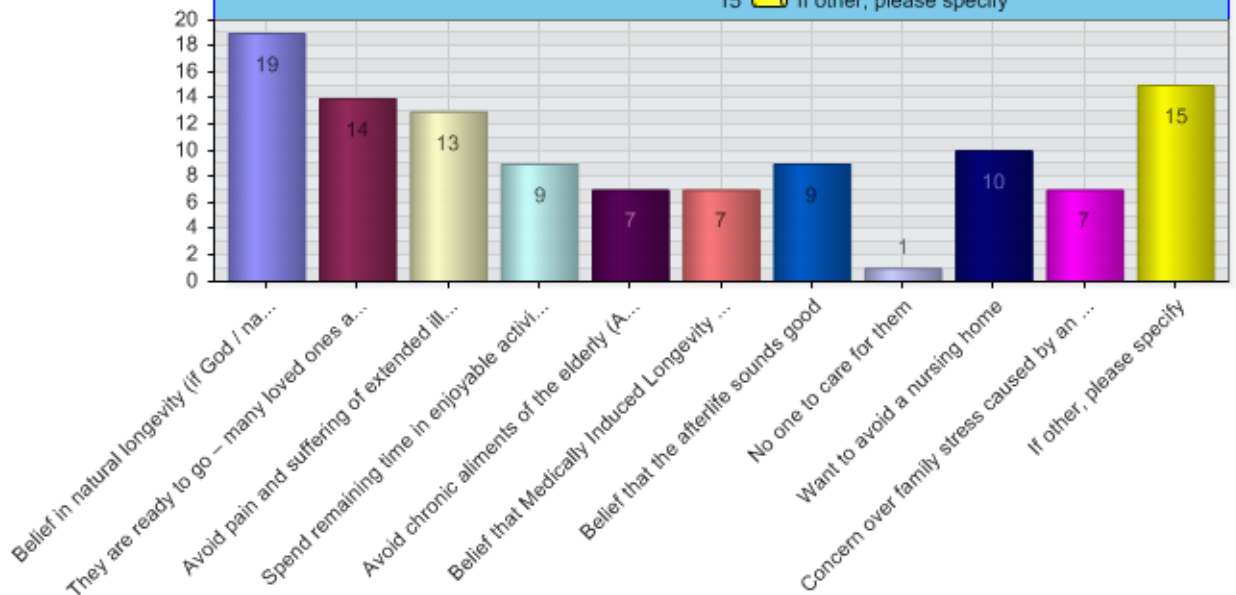
Please check all that apply.

	Responses	Percent
Belief in natural longevity (if God / nature calls, you go):	19	51.35%
They are ready to go – many loved ones already gone:	14	37.84%
Avoid pain and suffering of extended illness:	13	35.14%
Spend remaining time in enjoyable activities rather than medical treatment:	9	24.32%
Avoid chronic ailments of the elderly (Alzheimer's, Parkinson's, etc.):	7	18.92%
Belief that Medically Induced Longevity is not a good use of time and money:	7	18.92%
Belief that the afterlife sounds good:	9	24.32%
No one to care for them:	1	2.7%
Want to avoid a nursing home:	10	27.03%
Concern over family stress caused by an elder's chronic illness:	7	18.92%
If other, please specify :	15	40%
Total Responded to this question:	37	38.54%
Total who skipped this question:	59	61.46%
Total:	96	100%

Why do you think your elders have chosen quality of life over Medically Induced Longevity? Medically Induced Longevity = multiple medical interventions that prolong life, but do not add to the quality of life. Please check all that apply.

- 19 ■ Belief in natural longevity (if God / na...
- 14 ■ They are ready to go – many loved ones a...
- 13 ■ Avoid pain and suffering of extended ill...
- 9 ■ Spend remaining time in enjoyable activi...
- 7 ■ Avoid chronic ailments of the elderly (A...
- 7 ■ Belief that Medically Induced Longevity ...
- 9 ■ Belief that the afterlife sounds good
- 1 ■ No one to care for them
- 10 ■ Want to avoid a nursing home
- 7 ■ Concern over family stress caused by an ...
- 15 ■ If other, please specify

**Statistics**  
 9 Median  
 1 Min  
 19 Max

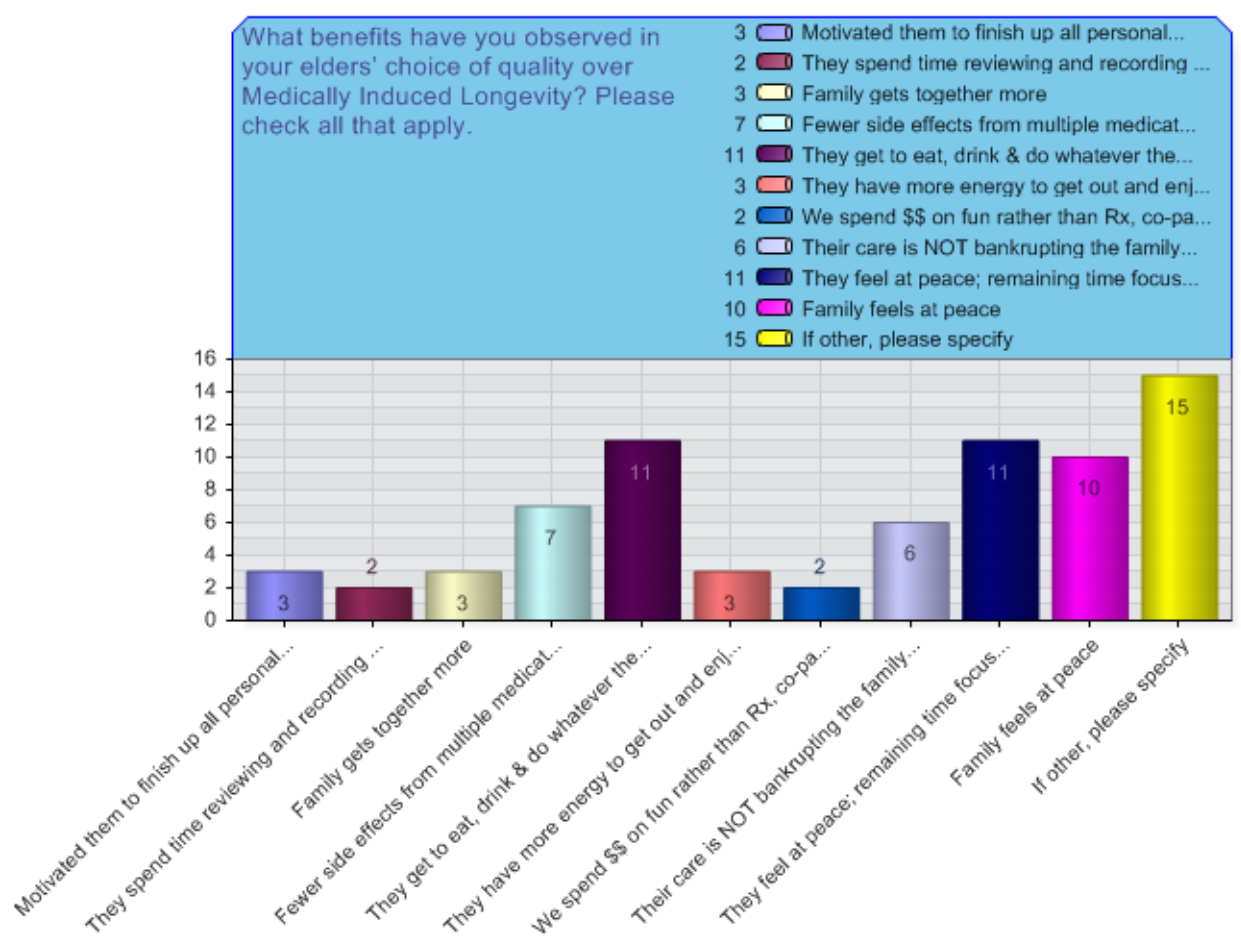


25. What benefits have you observed in your elders' choice of quality over Medically Induced Longevity?

Please check all that apply.

	Responses	Percent
Motivated them to finish up all personal business right away:	3	8.11%
They spend time reviewing and recording their life history:	2	5.41%
Family gets together more:	3	8.11%
Fewer side effects from multiple medications, chemo, etc.:	7	18.92%
They get to eat, drink & do whatever they want:	11	29.73%
They have more energy to get out and enjoy life:	3	8.11%
We spend \$\$ on fun rather than Rx, co-pays, etc.:	2	5.41%
Their care is NOT bankrupting the family:	6	16.22%
They feel at peace; remaining time focused on spiritual readiness:	11	29.73%
Family feels at peace:	10	27.03%
If other, please specify :	15	40%
Total Responded to this question:		37 38.54%
Total who skipped this question:		59 61.46%
Total:		96 100%

**Statistics**  
 6 Median  
 2 Min  
 15 Max

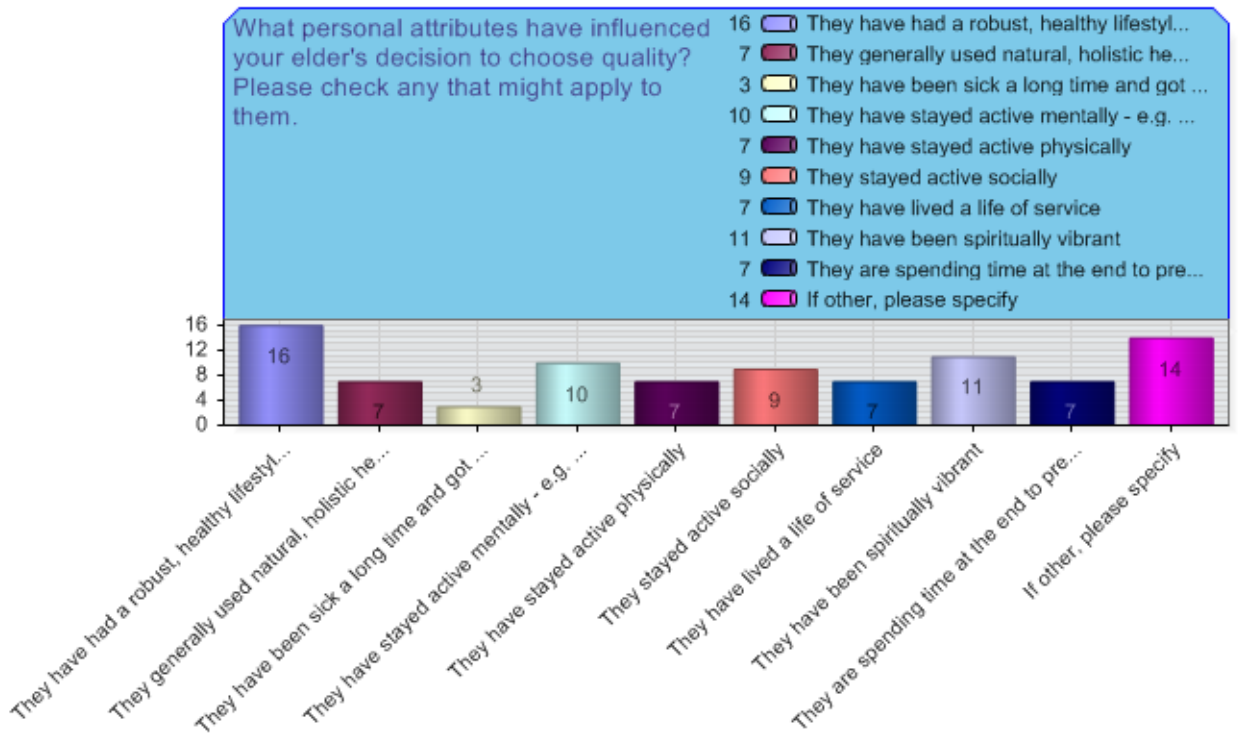


26. What personal attributes have influenced your elder's decision to choose quality?

Please check any that might apply to them.

	Responses	Percent
They have had a robust, healthy lifestyle:	16	43.24%
They generally used natural, holistic healing all their life:	7	18.92%
They have been sick a long time and got tired of the medical treatments:	3	8.11%
They have stayed active mentally - e.g. more music and reading, minimal TV:	10	27.03%
They have stayed active physically:	7	18.92%
They stayed active socially:	9	24.32%
They have lived a life of service:	7	18.92%
They have been spiritually vibrant:	11	29.73%
They are spending time at the end to prepare spiritually:	7	18.92%
If other, please specify :	14	37%
Total Responded to this question:	37	38.54%
Total who skipped this question:	59	61.46%
Total:	96	100%

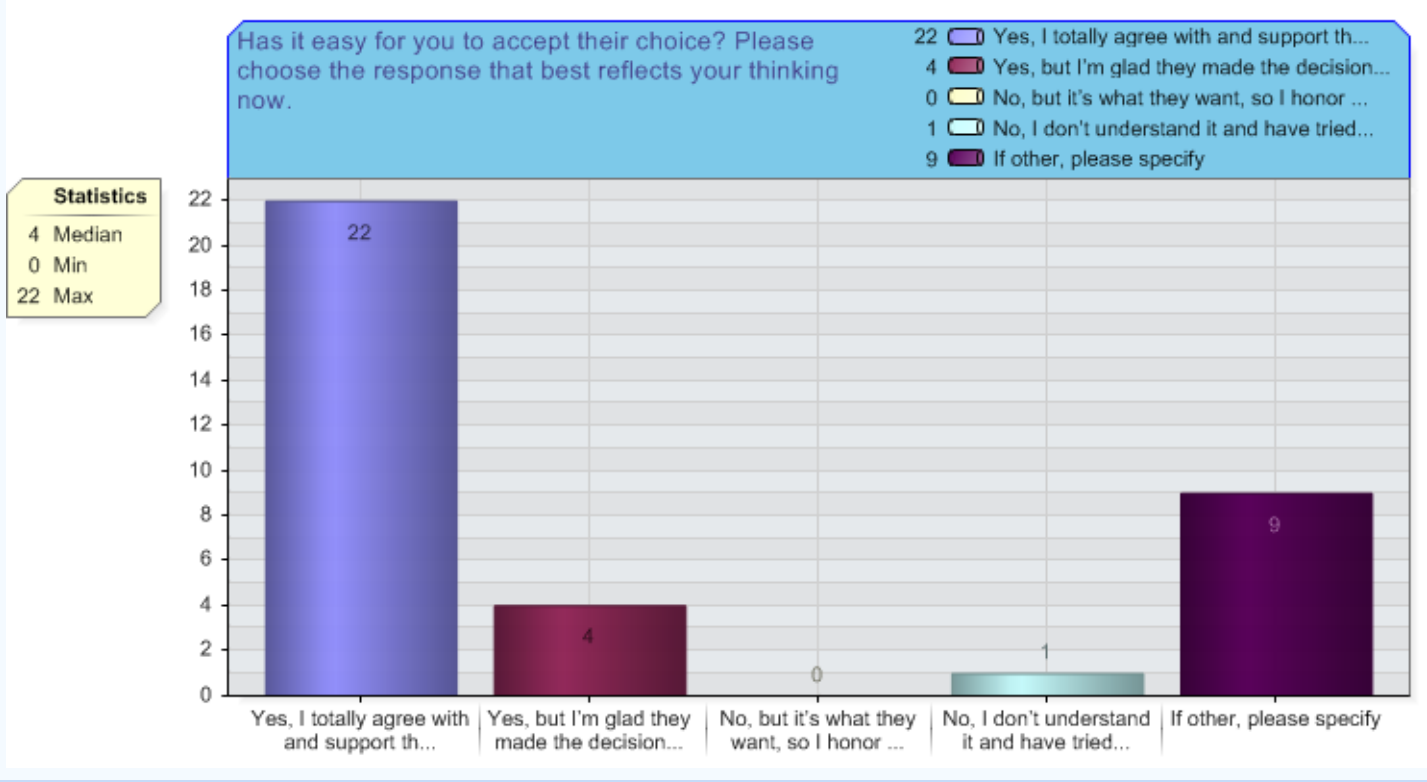
Statistics
8 Median
3 Min
16 Max




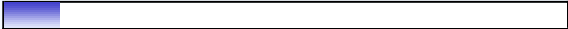
27. Has it easy for you to accept their choice?

Please choose the response that best reflects your thinking now.

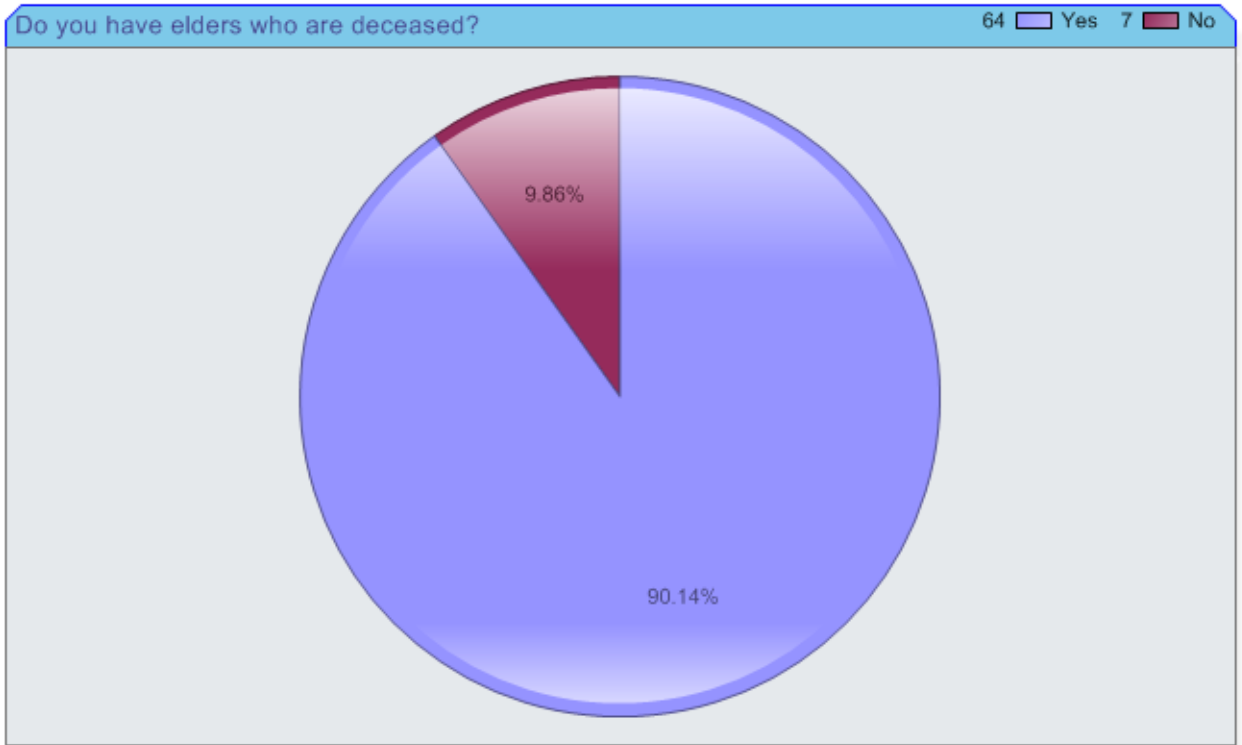
	Responses	Percent
Yes, I totally agree with and support their decision:	22	61.11%
Yes, but I'm glad they made the decision themselves:	4	11.11%
No, but it's what they want, so I honor that:	0	0%
No, I don't understand it and have tried to talk them out of it:	1	2.78%
If other, please specify :	9	25%
Total Responded to this question:		36 37.5%
Total who skipped this question:		60 62.5%
Total:		96 100%



28. Do you have elders who are deceased?

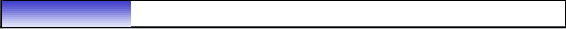

	Responses	Percent
Yes: 	64	90.14%
No: 	7	9.86%
Total Responded to this question:	71	73.96%
Total who skipped this question:	25	26.04%
Total:	96	100%

**Statistics**  
7 Min  
64 Max

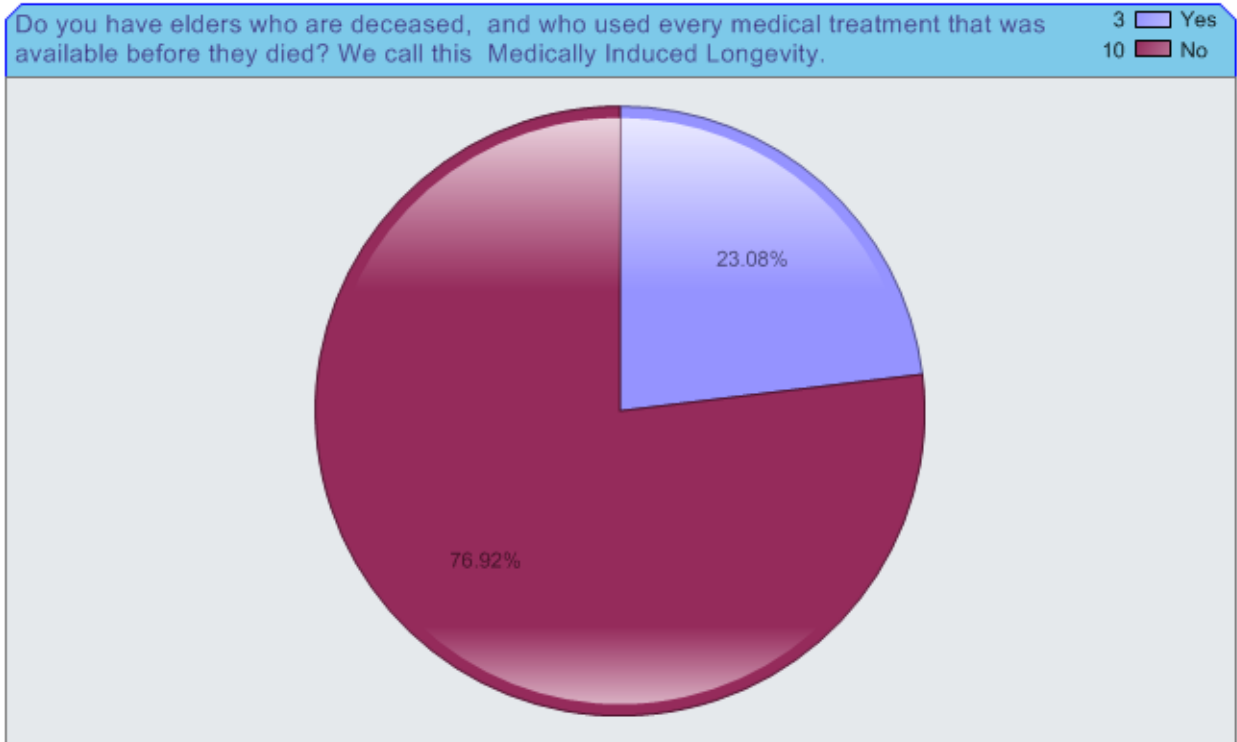


29. Do you have elders who are deceased, and who used every medical treatment that was available before they died?

We call this Medically Induced Longevity.

	Responses	Percent
Yes: 	3	23.08%
No: 	10	76.92%
Total Responded to this question:	13	13.54%
Total who skipped this question:	83	86.46%
Total:	96	100%

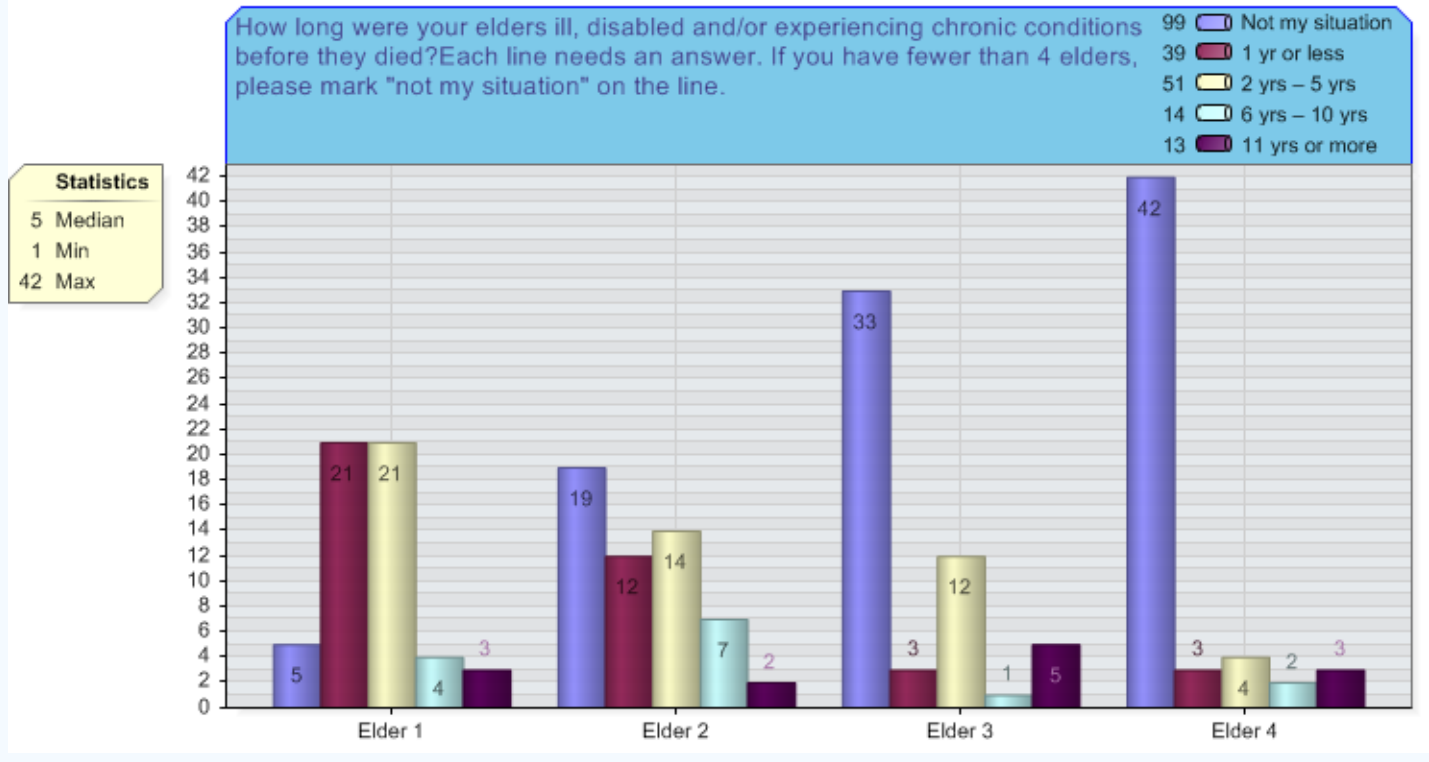
**Statistics**  
3 Min  
10 Max



30. How long were your elders ill, disabled and/or experiencing chronic conditions before they died?

Each line needs an answer. If you have fewer than 4 elders, please mark "not my situation" on the line.

	Not my situation	1 yr or less	2 yrs – 5 yrs	6 yrs – 10 yrs	11 yrs or more	Total
Elder 1:	5(9.26%)	21(38.89%)	21(38.89%)	4(7.41%)	3(5.56%)	54
Elder 2:	19(35.19%)	12(22.22%)	14(25.93%)	7(12.96%)	2(3.7%)	54
Elder 3:	33(61.11%)	3(5.56%)	12(22.22%)	1(1.85%)	5(9.26%)	54
Elder 4:	42(77.78%)	3(5.56%)	4(7.41%)	2(3.7%)	3(5.56%)	54
Total Responded to this question:					54	56.25%
Total who skipped this question:					42	43.75%
Total:					96	100%

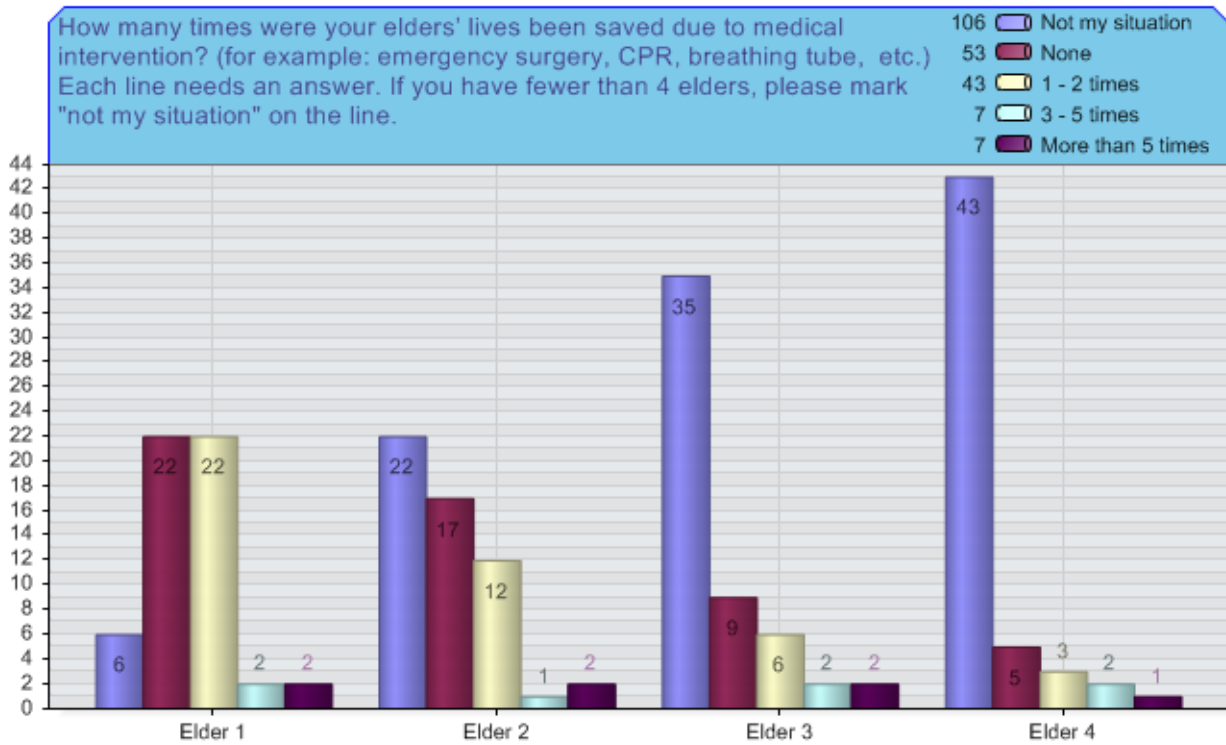


31. How many times were your elders' lives been saved due to medical intervention? (for example: emergency surgery, CPR, breathing tube, etc.)

Each line needs an answer. If you have fewer than 4 elders, please mark "not my situation" on the line.

	Not my situation	None	1 - 2 times	3 - 5 times	More than 5 times	Total
Elder 1:	6(11.11%)	22(40.74%)	22(40.74%)	2(3.7%)	2(3.7%)	54
Elder 2:	22(40.74%)	17(31.48%)	12(22.22%)	1(1.85%)	2(3.7%)	54
Elder 3:	35(64.81%)	9(16.67%)	6(11.11%)	2(3.7%)	2(3.7%)	54
Elder 4:	43(79.63%)	5(9.26%)	3(5.56%)	2(3.7%)	1(1.85%)	54
Total Responded to this question:					54	56.25%
Total who skipped this question:					42	43.75%
Total:					96	100%

**Statistics**  
 5.5 Median  
 1 Min  
 43 Max



32. As your elder was going in for care during a medical emergency, once they were stabilized, did the doctors take any time to talk about quality of life (what life would be like after the procedure) before heroic treatments were started?

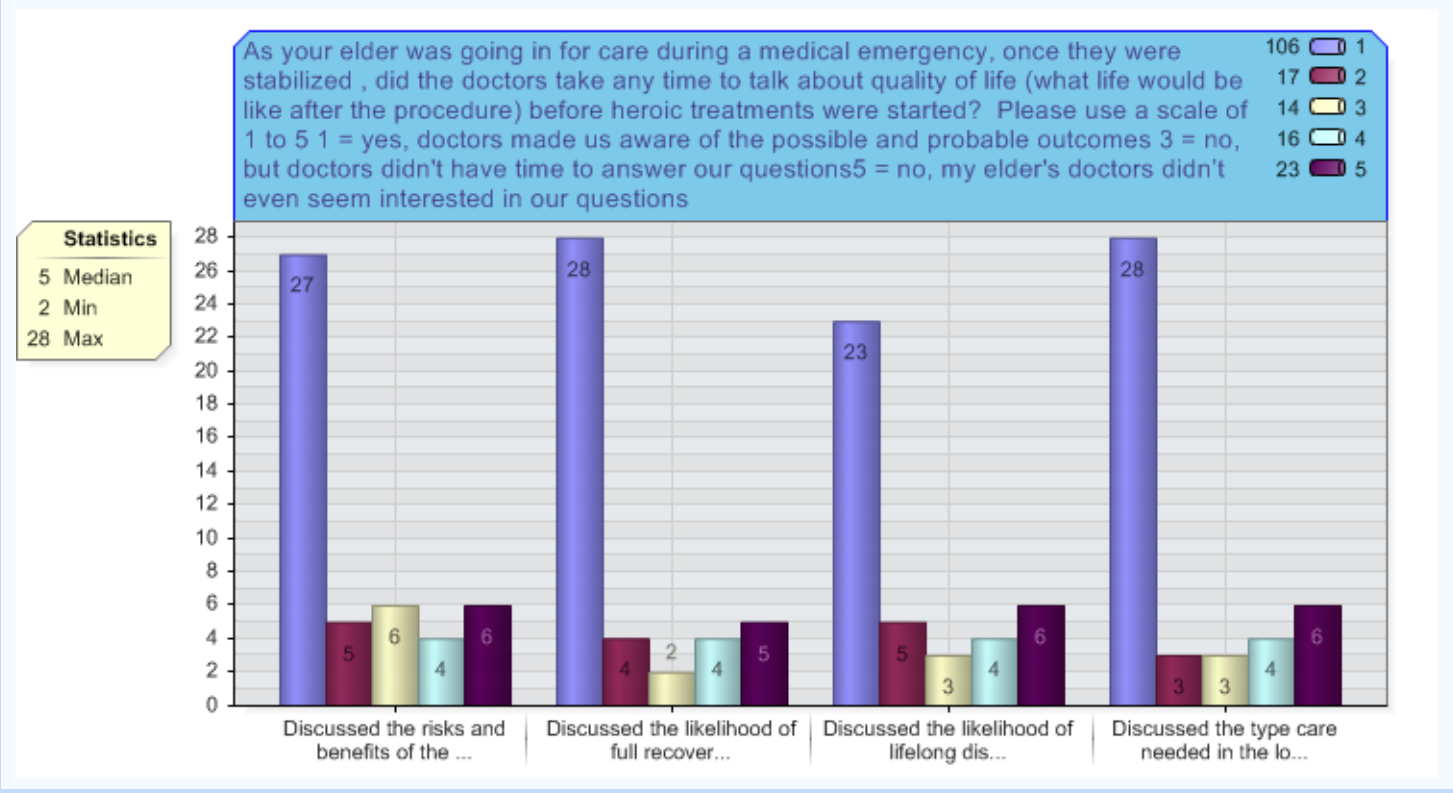
Please use a scale of 1 to 5

1 = yes, doctors made us aware of the possible and probable outcomes

3 = no, but doctors didn't have time to answer our questions

5 = no, my elder's doctors didn't even seem interested in our questions

	1	2	3	4	5	Total
Discussed the risks and benefits of the procedures:	27(56.25%)	5(10.42%)	6(12.5%)	4(8.33%)	6(12.5%)	48
Discussed the likelihood of full recovery:	28(65.12%)	4(9.3%)	2(4.65%)	4(9.3%)	5(11.63%)	43
Discussed the likelihood of lifelong disability:	23(56.1%)	5(12.2%)	3(7.32%)	4(9.76%)	6(14.63%)	41
Discussed the type care needed in the long term:	28(63.64%)	3(6.82%)	3(6.82%)	4(9.09%)	6(13.64%)	44
Total Responded to this question:					48	50%
Total who skipped this question:					48	50%
Total:					96	100%



33. At the time of medical crisis, if your family had been given:

A) More information by doctors (likelihood of independent living after treatment, potential for disability /pain/ becoming dependent on medical technology, etc. )

B) Time to think about long term implications before heroic treatment

C) Access to elders' living wills

Do you think your family would have "opted out" of Medically Induced Longevity during a life/death medical emergency?

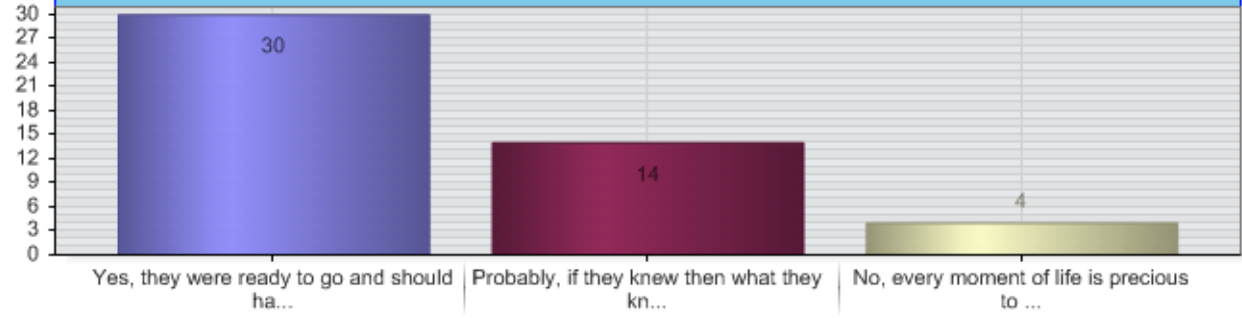
If you have not encountered the definition of *Medically Induced Longevity* in previous sections, it means medical treatments that prolong life, but do not add to the quality of life. These treatments may result in considerable suffering, expense, and long term disability.

	Responses	Percent
Yes, they were ready to go and should have been allowed to die with dignity (natural longevity):	30	62.5%
Probably, if they knew then what they know now about their quality of life:	14	29.17%
No, every moment of life is precious to us, no matter what it takes to sustain it:	4	8.33%
Additional Comments :	14	29.17%
Total Responded to this question:		48 50%
Total who skipped this question:		48 50%
Total:		96 100%

At the time of medical crisis, if your family had been given: A) More information by doctors (likelihood of independent living after treatment, potential for disability /pain/ becoming dependent on medical technology, etc. ) B) Time to think about long term implications before heroic treatment C) Access to elders' living wills Do you think your family would have "opted out" of Medically Induced Longevity during a life/death medical emergency?If you have not encountered the definition of Medically Induced Longevity in previous sections, it means medical treatments that prolong life, but do not add to the quality of life. These treatments may result in considerable suffering, expense, and long term disability.

- 30 █ Yes, they were ready to go and should ha...
- 14 █ Probably, if they knew then what they kn...
- 4 █ No, every moment of life is precious to ...

**Statistics**  
 14 Median  
 4 Min  
 30 Max

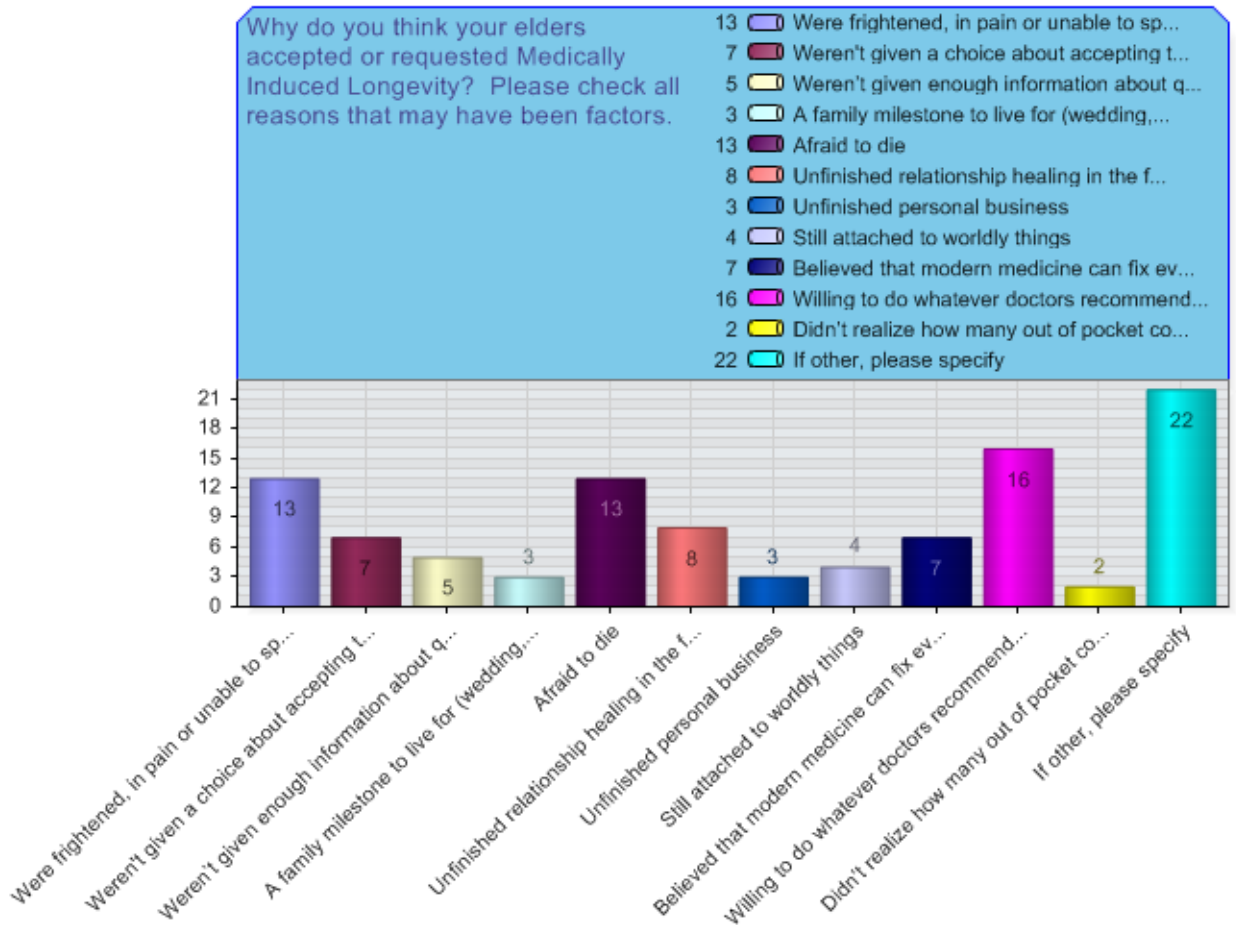


### 34. Why do you think your elders accepted or requested Medically Induced Longevity?

Please check all reasons that may have been factors.

	Responses	Percent
Were frightened, in pain or unable to speak for them self:	13	26.53%
Weren't given a choice about accepting treatment:	7	14.29%
Weren't given enough information about quality of life after the procedures:	5	10.2%
A family milestone to live for (wedding,90th birthday, etc.):	3	6.12%
Afraid to die:	13	26.53%
Unfinished relationship healing in the family:	8	16.33%
Unfinished personal business:	3	6.12%
Still attached to worldly things:	4	8.16%
Believed that modern medicine can fix everything:	7	14.29%
Willing to do whatever doctors recommend:	16	32.65%
Didn't realize how many out of pocket costs there would be:	2	4.08%
If other, please specify :	22	44%
Total Responded to this question:	49	51.04%
Total who skipped this question:	47	48.96%
Total:	96	100%

Statistics
7 Median
2 Min
22 Max





35. What was Medically Induced Longevity (or medical care at the end of life) like for you and your elders?

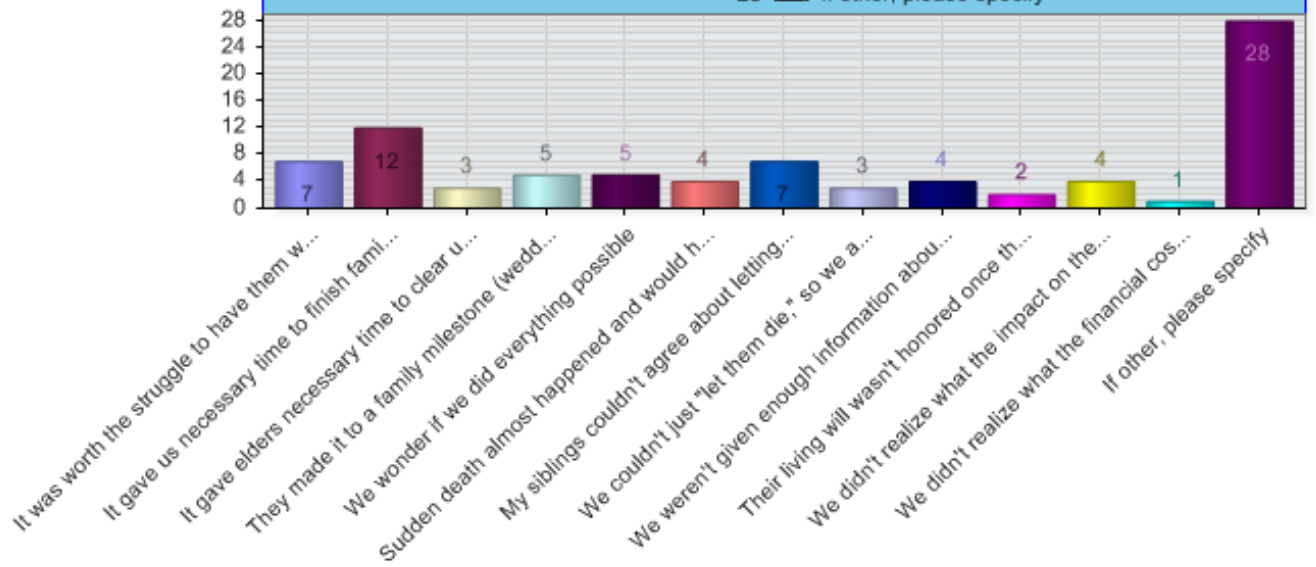
Please check all that apply.

	Responses	Percent
It was worth the struggle to have them with us longer:	7	12.96%
It gave us necessary time to finish family relationship healing:	12	22.22%
It gave elders necessary time to clear up personal business (will, etc.):	3	5.56%
They made it to a family milestone (wedding, 90th birthday, etc.):	5	9.26%
We wonder if we did everything possible:	5	9.26%
Sudden death almost happened and would have been a blessing - they died slowly and painfully after that:	4	7.41%
My siblings couldn't agree about letting them go:	7	12.96%
We couldn't just "let them die," so we allowed doctors call the shots:	3	5.56%
We weren't given enough information about quality of life after the procedures:	4	7.41%
Their living will wasn't honored once they got to the hospital:	2	3.7%
We didn't realize what the impact on the family would be:	4	7.41%
We didn't realize what the financial costs would be:	1	1.85%
If other, please specify :	28	51%
Total Responded to this question:		54 56.25%
Total who skipped this question:		42 43.75%
Total:		96 100%

What was Medically Induced Longevity (or medical care at the end of life) like for you and your elders? Please check all that apply.

- 7  It was worth the struggle to have them w...
- 12  It gave us necessary time to finish fami...
- 3  It gave elders necessary time to clear u...
- 5  They made it to a family milestone (wedd...
- 5  We wonder if we did everything possible
- 4  Sudden death almost happened and would h...
- 7  My siblings couldn't agree about letting...
- 3  We couldn't just "let them die," so we a...
- 4  We weren't given enough information abou...
- 2  Their living will wasn't honored once th...
- 4  We didn't realize what the impact on the...
- 1  We didn't realize what the financial cos...
- 28  If other, please specify

**Statistics**  
 4 Median  
 1 Min  
 28 Max



36. In non-emergency situations, did your elders' physicians attempt to make a holistic assessment of your elders' quality of life before recommending aggressive treatments?

Each line needs an answer.

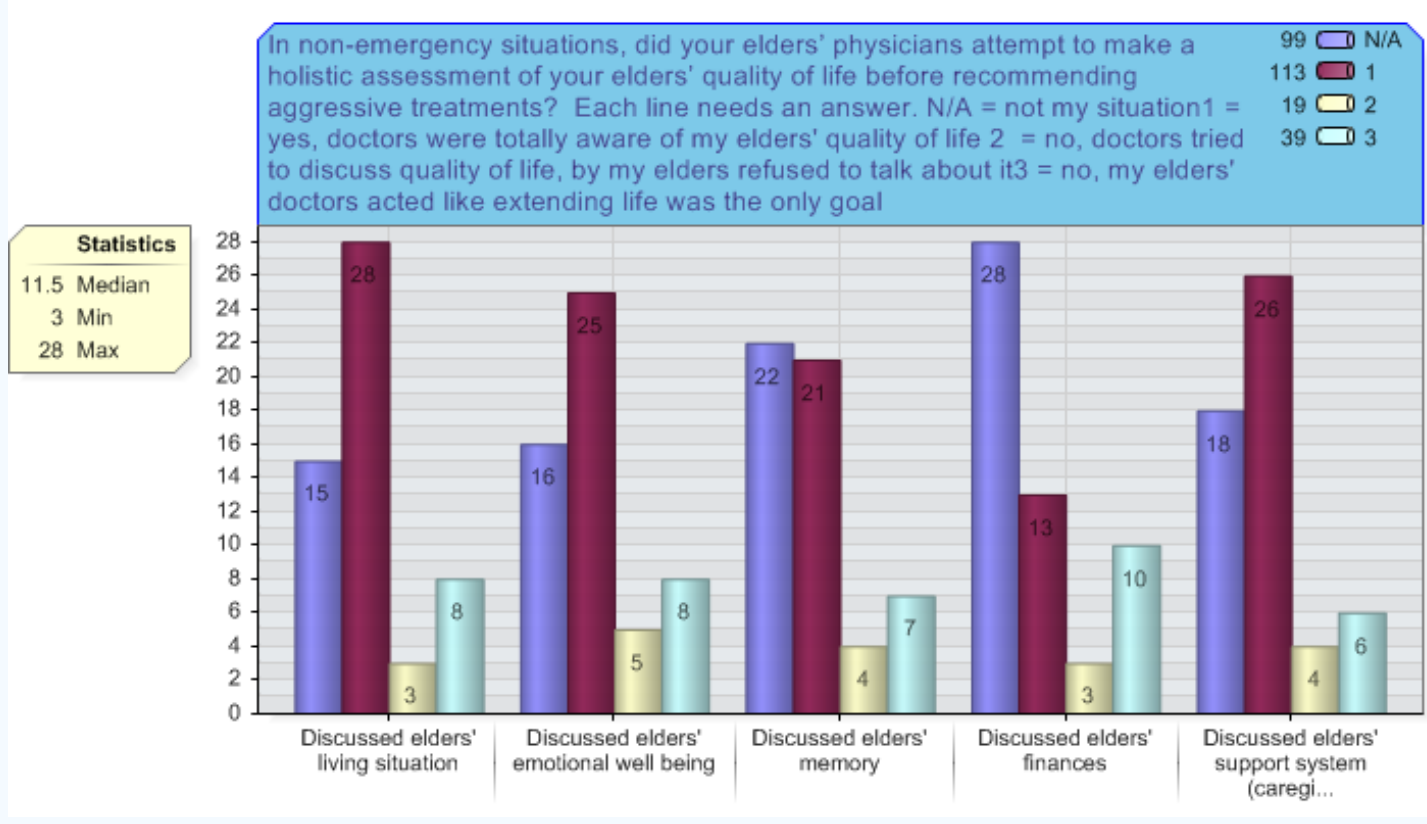
N/A = not my situation

1 = yes, doctors were totally aware of my elders' quality of life

2 = no, doctors tried to discuss quality of life, by my elders refused to talk about it

3 = no, my elders' doctors acted like extending life was the only goal

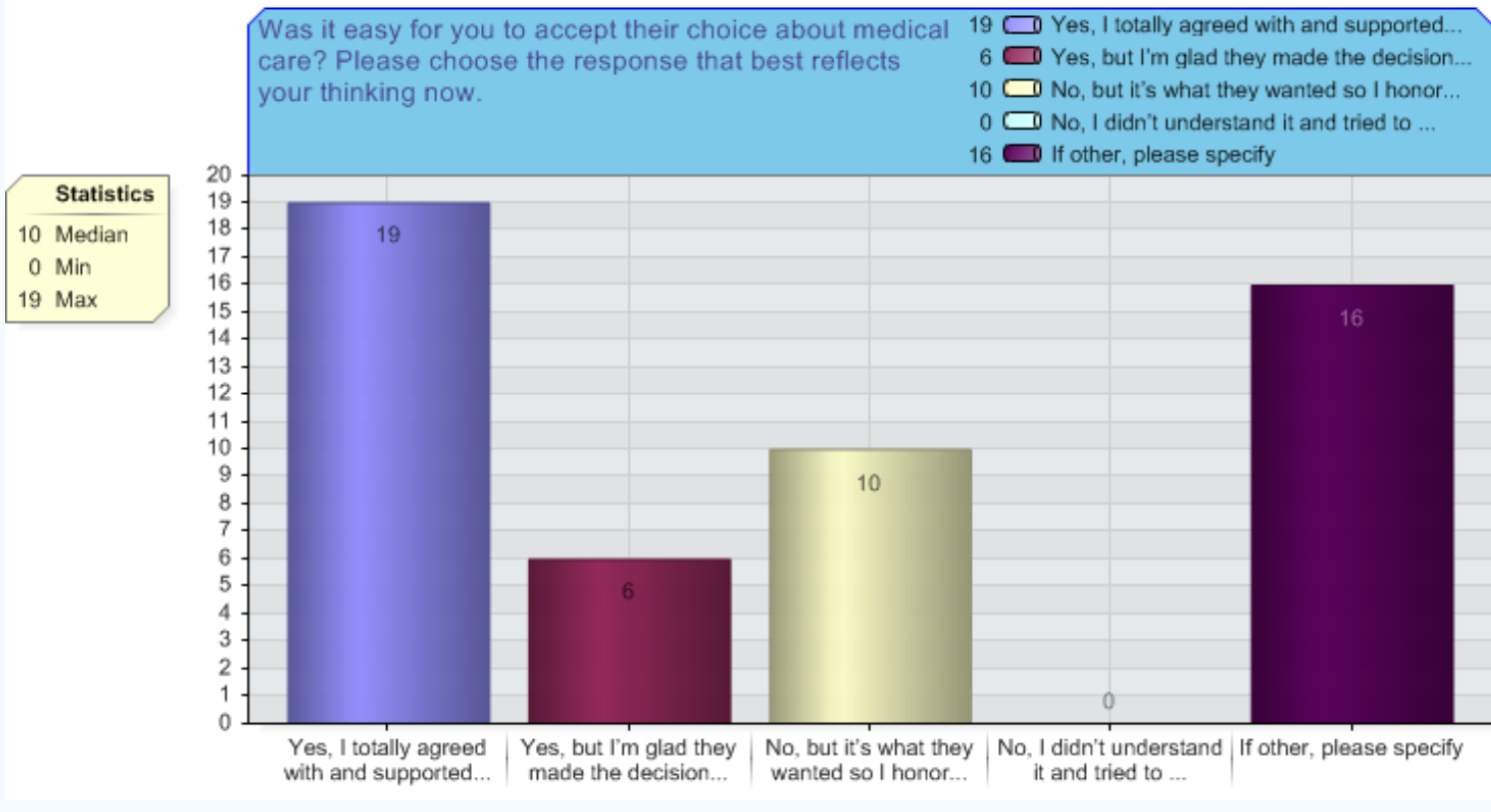
	N/A	1	2	3	Total
Discussed elders' living situation:	15(27.78%)	28(51.85%)	3(5.56%)	8(14.81%)	54
Discussed elders' emotional well being:	16(29.63%)	25(46.3%)	5(9.26%)	8(14.81%)	54
Discussed elders' memory:	22(40.74%)	21(38.89%)	4(7.41%)	7(12.96%)	54
Discussed elders' finances:	28(51.85%)	13(24.07%)	3(5.56%)	10(18.52%)	54
Discussed elders' support system (caregivers):	18(33.33%)	26(48.15%)	4(7.41%)	6(11.11%)	54
Total Responded to this question:				54	56.25%
Total who skipped this question:				42	43.75%
Total:				96	100%



37. Was it easy for you to accept their choice about medical care?



Please choose the response that best reflects your thinking now.

	Responses	Percent
Yes, I totally agreed with and supported their decision:	19	37.25%
Yes, but I'm glad they made the decision themselves:	6	11.76%
No, but it's what they wanted so I honored that:	10	19.61%
No, I didn't understand it and tried to talk them out of it:	0	0%
If other, please specify :	16	31.37%
Total Responded to this question:		51 53.12%
Total who skipped this question:		45 46.88%
Total:		96 100%





38. Sometimes, after a long illness or years of living with disabling chronic conditions, elders decide "enough is enough". They opt to spend their final time with quality, and we want to learn about that , too.

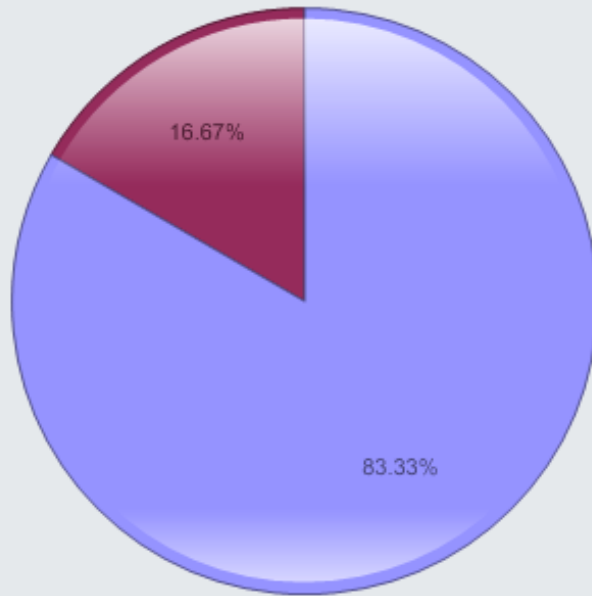
After the long fight, did your elders experience death with quality and dignity ?

	Responses	Percent
Yes: 	45	83.33%
No: 	9	16.67%
Total Responded to this question:	54	56.25%
Total who skipped this question:	42	43.75%
Total:	96	100%

Sometimes, after a long illness or years of living with disabling chronic conditions, elders decide "enough is enough". They opt to spend their final time with quality, and we want to learn about that , too. After the long fight, did your elders experience death with quality and dignity ?

45  Yes  
9  No

**Statistics**  
9 Min  
45 Max



### 39. Why do you think your elders chose quality over Medically Induced Longevity?

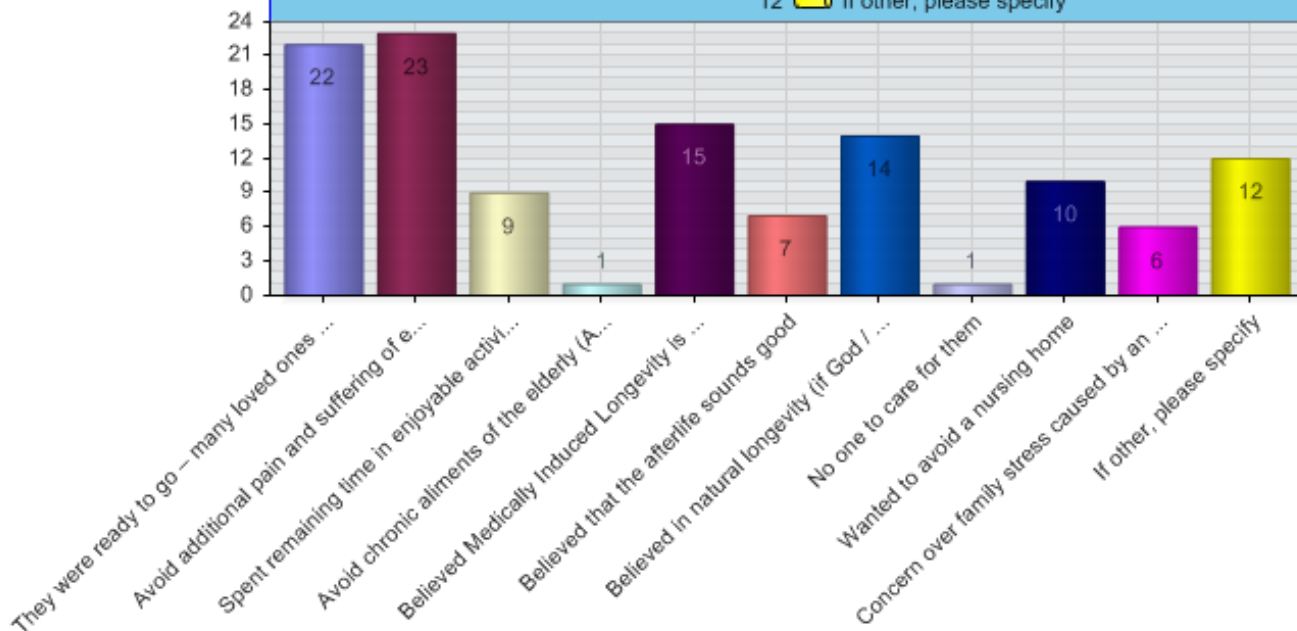
Please check all that apply.

	Responses	Percent
They were ready to go – many loved ones already gone:	22	40.74%
Avoid additional pain and suffering of extended illness/ chronic conditions:	23	42.59%
Spent remaining time in enjoyable activities rather than medical treatment:	9	16.67%
Avoid chronic ailments of the elderly (Alzheimer's, Parkinson's, etc.):	1	1.85%
Believed Medically Induced Longevity is not a good use of time money:	15	27.78%
Believed that the afterlife sounds good:	7	12.96%
Believed in natural longevity (if God / nature calls, you go):	14	25.93%
No one to care for them:	1	1.85%
Wanted to avoid a nursing home:	10	18.52%
Concern over family stress caused by an elder's chronic illness:	6	11.11%
If other, please specify :	12	22%
Total Responded to this question:		54 56.25%
Total who skipped this question:		42 43.75%
Total:		96 100%

Why do you think your elders chose quality over Medically Induced Longevity? Please check all that apply.

- 22 They were ready to go – many loved ones ...
- 23 Avoid additional pain and suffering of e...
- 9 Spent remaining time in enjoyable activi...
- 1 Avoid chronic ailments of the elderly (A...
- 15 Believed Medically Induced Longevity is ...
- 7 Believed that the afterlife sounds good
- 14 Believed in natural longevity (if God / ...
- 1 No one to care for them
- 10 Wanted to avoid a nursing home
- 6 Concern over family stress caused by an ...
- 12 If other, please specify

**Statistics**  
 10 Median  
 1 Min  
 23 Max



40. What benefits did you observe in your elders' choice of quality over Medically Induced Longevity?

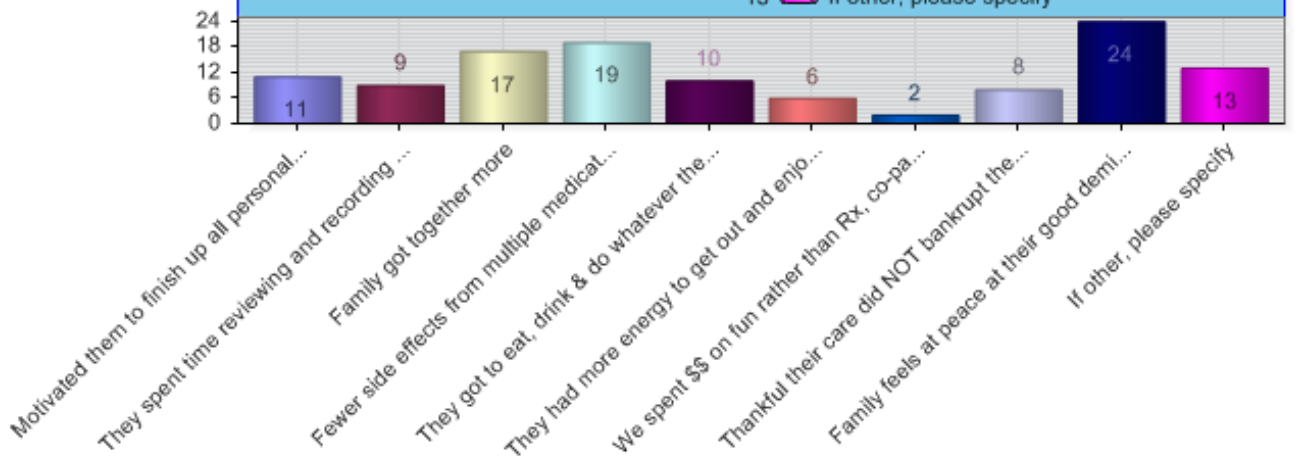
Please check all that apply.

	Responses	Percent
Motivated them to finish up all personal business right away:	11	20.37%
They spent time reviewing and recording their life history:	9	16.67%
Family got together more:	17	31.48%
Fewer side effects from multiple medications, chemo, etc.:	19	35.19%
They got to eat, drink & do whatever they wanted:	10	18.52%
They had more energy to get out and enjoy life:	6	11.11%
We spent \$\$ on fun rather than Rx, co-pays, etc.:	2	3.7%
Thankful their care did NOT bankrupt the family:	8	14.81%
Family feels at peace at their good demise:	24	44.44%
If other, please specify :	13	24%
Total Responded to this question:	54	56.25%
Total who skipped this question:	42	43.75%
Total:	96	100%

What benefits did you observe in your elders' choice of quality over Medically Induced Longevity? Please check all that apply.

- 11 Motivated them to finish up all personal...
- 9 They spent time reviewing and recording ...
- 17 Family got together more
- 19 Fewer side effects from multiple medicat...
- 10 They got to eat, drink & do whatever the...
- 6 They had more energy to get out and enjo...
- 2 We spent \$\$ on fun rather than Rx, co-pa...
- 8 Thankful their care did NOT bankrupt the...
- 24 Family feels at peace at their good demi...
- 13 If other, please specify

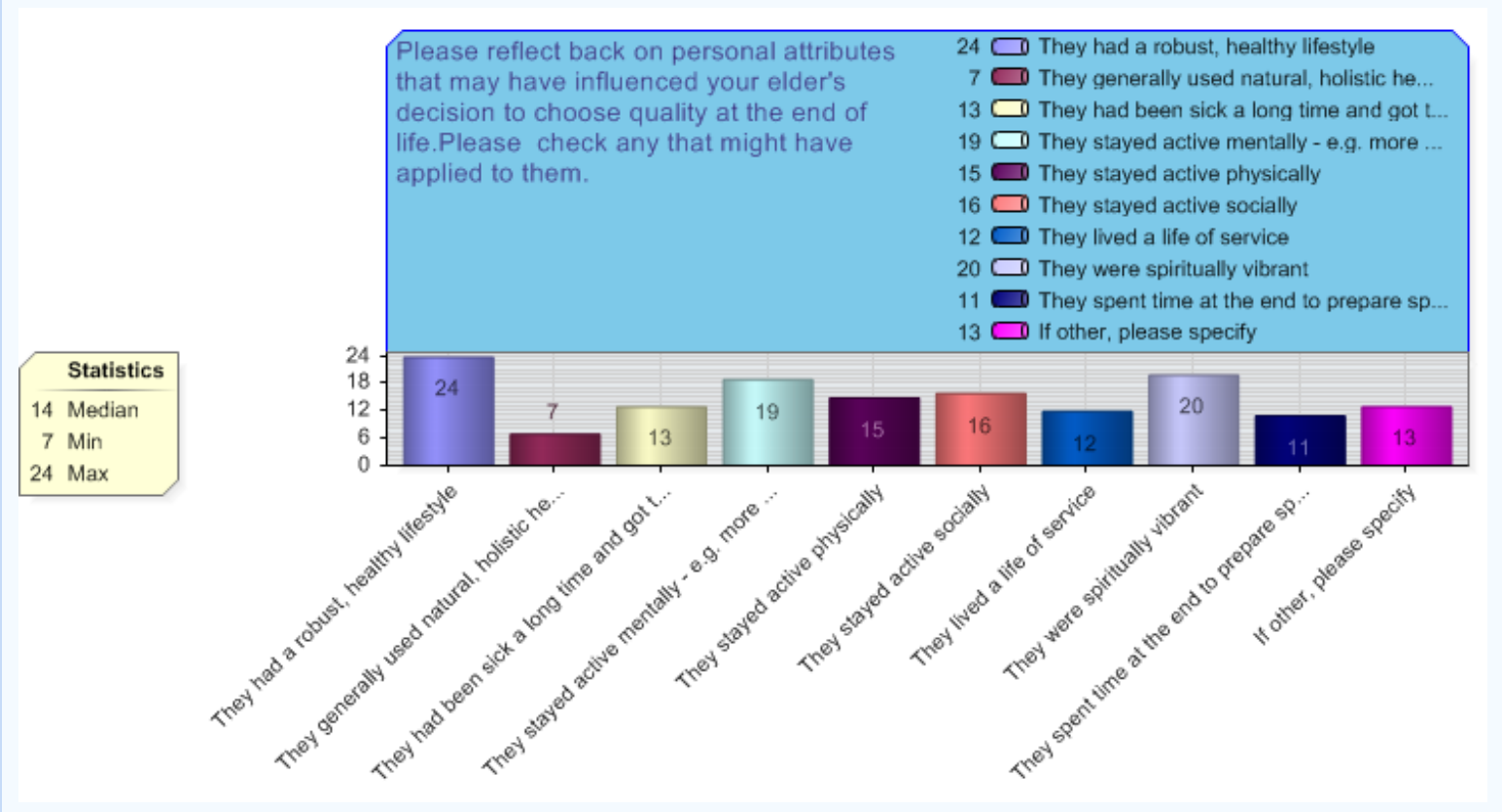
Statistics
10.5 Median
2 Min
24 Max



41. Please reflect back on personal attributes that may have influenced your elder's decision to choose quality at the end of life.

Please check any that might have applied to them.

	Responses	Percent
They had a robust, healthy lifestyle:	24	44.44%
They generally used natural, holistic healing:	7	12.96%
They had been sick a long time and got tired of the medical treatments:	13	24.07%
They stayed active mentally - e.g. more music and reading, minimal TV:	19	35.19%
They stayed active physically:	15	27.78%
They stayed active socially:	16	29.63%
They lived a life of service:	12	22.22%
They were spiritually vibrant:	20	37.04%
They spent time at the end to prepare spiritually:	11	20.37%
If other, please specify :	13	24%
Total Responded to this question:		54 56.25%
Total who skipped this question:		42 43.75%
Total:		96 100%



42. Did your elder have a "good, peaceful death" ?



Responses      Percent

50      92.59%

4      7.41%

Total Responded to this question:      54      56.25%

Total who skipped this question:      42      43.75%

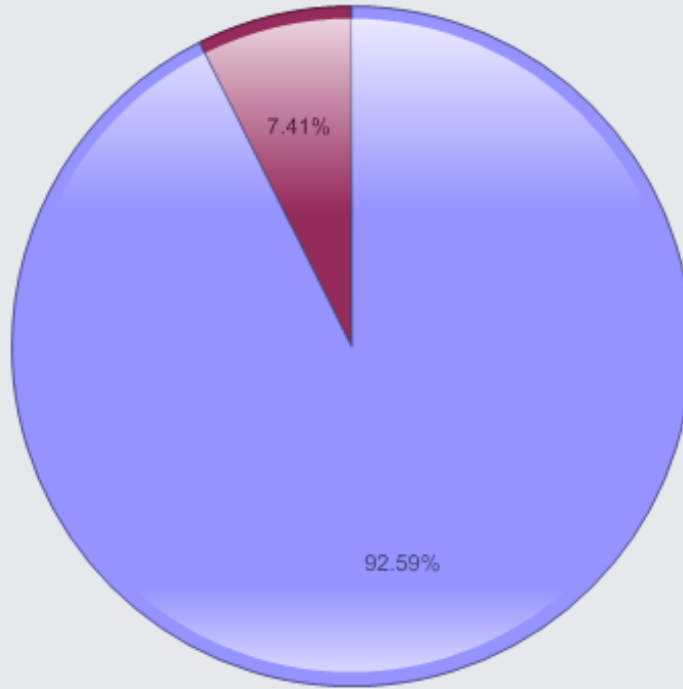
Total:      96      100%

Did your elder have a "good, peaceful death" ?

50 Yes 4 No

**Statistics**

4 Min  
50 Max



43. If your elder had a "good, peaceful death," what helped them in that transition?

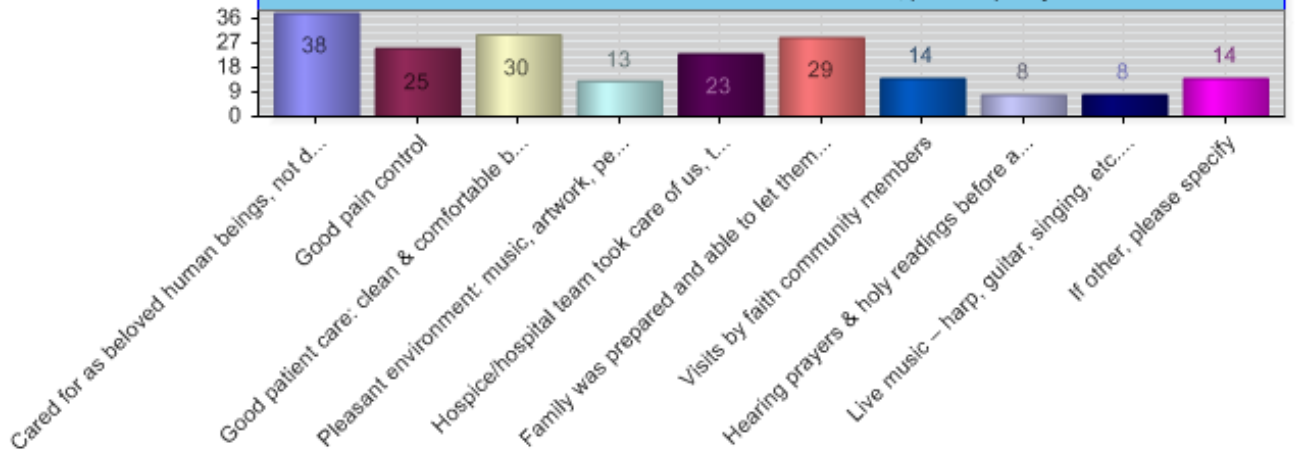
Please check all that apply.

	Responses	Percent
Cared for as beloved human beings, not diseases that needed treatment:	38	73.08%
Good pain control:	25	48.08%
Good patient care: clean & comfortable bed, mouth moistened, etc.:	30	57.69%
Pleasant environment: music, artwork, pets, soft lighting, etc.:	13	25%
Hospice/hospital team took care of us, the family caregivers:	23	44.23%
Family was prepared and able to let them go:	29	55.77%
Visits by faith community members:	14	26.92%
Hearing prayers & holy readings before and during transition:	8	15.38%
Live music – harp, guitar, singing, etc.:	8	15.38%
If other, please specify :	14	26%
Total Responded to this question:	52	54.17%
Total who skipped this question:	44	45.83%
Total:	96	100%

If your elder had a "good, peaceful death," what helped them in that transition? Please check all that apply.

- 38 Cared for as beloved human beings, not d...
- 25 Good pain control
- 30 Good patient care: clean & comfortable b...
- 13 Pleasant environment: music, artwork, pe...
- 23 Hospice/hospital team took care of us, t...
- 29 Family was prepared and able to let them...
- 14 Visits by faith community members
- 8 Hearing prayers & holy readings before a...
- 8 Live music – harp, guitar, singing, etc....
- 14 If other, please specify

Statistics
18.5 Median
8 Min
38 Max



44. Was it easy for you to accept their choice about medical care?

Please choose the response that best reflects your thinking now.

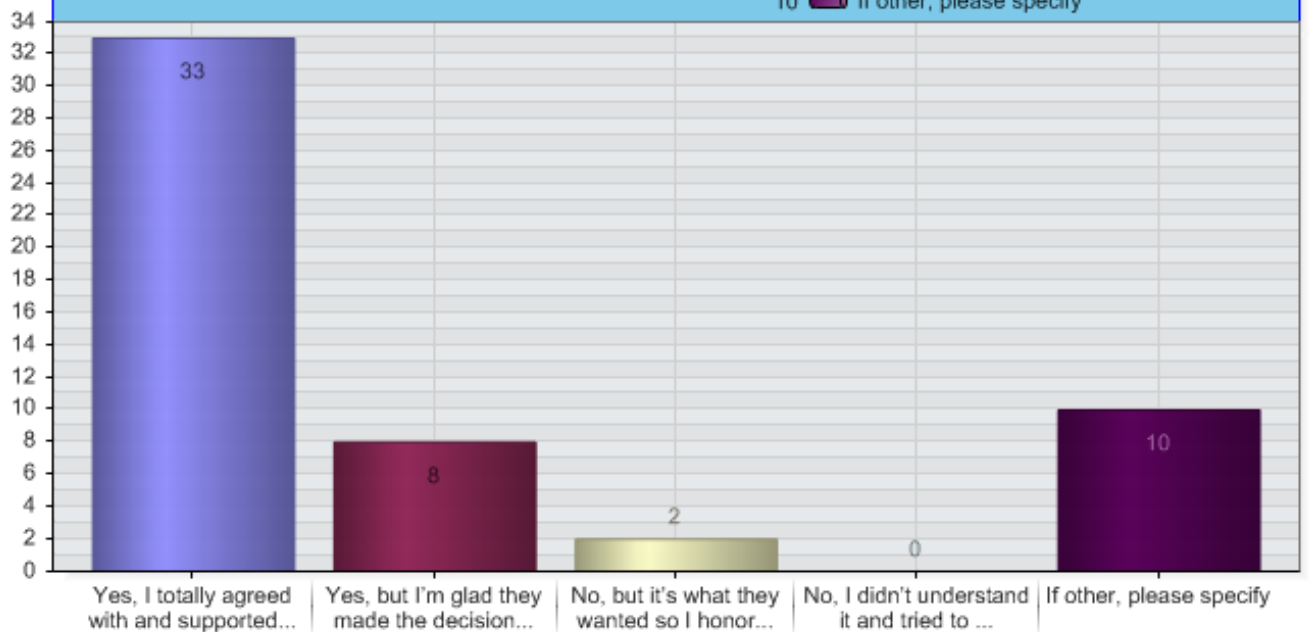
	Responses	Percent
Yes, I totally agreed with and supported their decision:	33	62.26%
Yes, but I'm glad they made the decision themselves:	8	15.09%
No, but it's what they wanted so I honored that:	2	3.77%
No, I didn't understand it and tried to talk them out of it:	0	0%
If other, please specify :	10	18.87%
Total Responded to this question:		53 55.21%
Total who skipped this question:		43 44.79%
Total:		96 100%

Was it easy for you to accept their choice about medical care? Please choose the response that best reflects your thinking now.

- 33 Yes, I totally agreed with and supported...
- 8 Yes, but I'm glad they made the decision...
- 2 No, but it's what they wanted so I honor...
- 0 No, I didn't understand it and tried to ...
- 10 If other, please specify

**Statistics**

8 Median  
0 Min  
33 Max



45. What about your elders' situation and care is/was a concern for your own physical health?

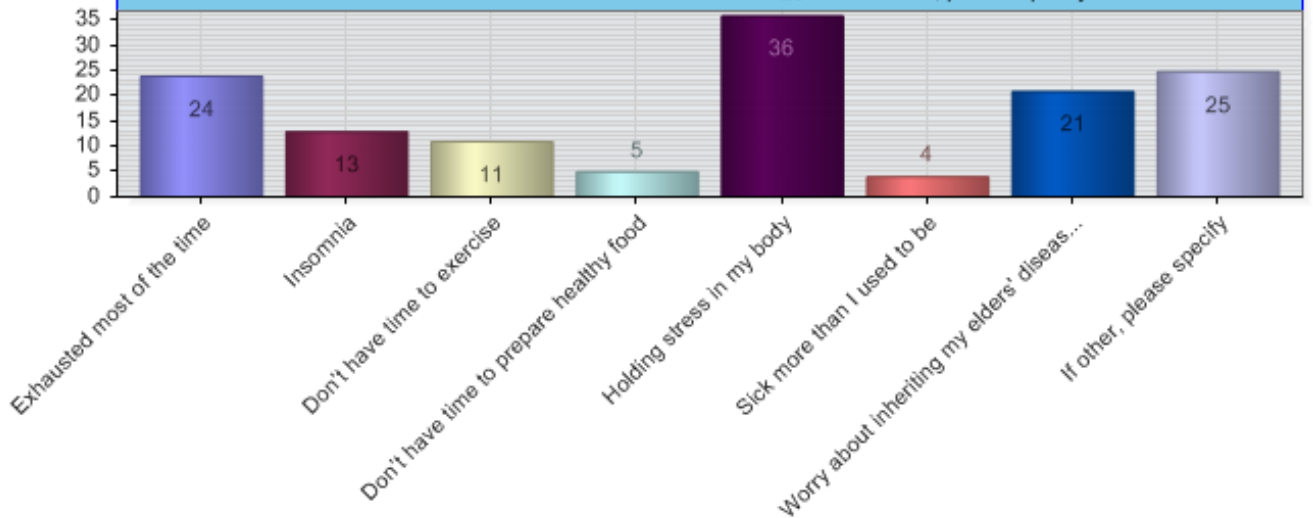
Please check all that apply.

	Responses	Percent
Exhausted most of the time:	24	36.36%
Insomnia:	13	19.7%
Don't have time to exercise:	11	16.67%
Don't have time to prepare healthy food:	5	7.58%
Holding stress in my body:	36	54.55%
Sick more than I used to be:	4	6.06%
Worry about inheriting my elders' diseases and conditions:	21	31.82%
If other, please specify :	25	37%
Total Responded to this question:	66	68.75%
Total who skipped this question:	30	31.25%
Total:	96	100%

What about your elders' situation and care is/was a concern for your own physical health? Please check all that apply.

- 24 Exhausted most of the time
- 13 Insomnia
- 11 Don't have time to exercise
- 5 Don't have time to prepare healthy food
- 36 Holding stress in my body
- 4 Sick more than I used to be
- 21 Worry about inheriting my elders' diseases...
- 25 If other, please specify

**Statistics**  
 17 Median  
 4 Min  
 36 Max



What about your elders' situation and care is/was a concern for your own brain / emotional health?

Please check all that apply.

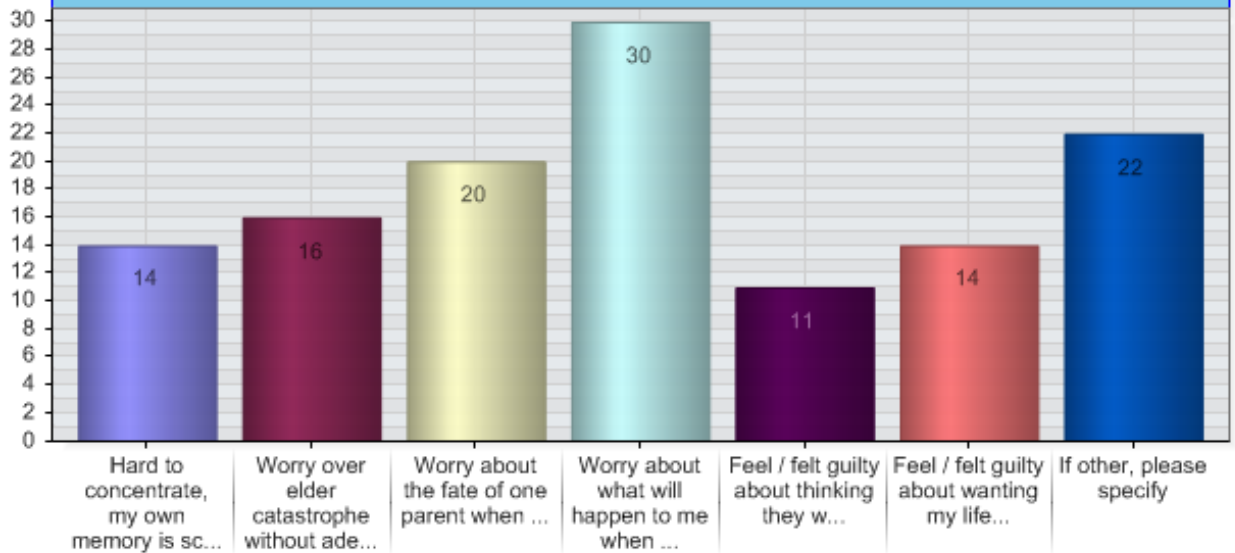
	Responses	Percent
Hard to concentrate, my own memory is scaring me:	14	20.59%
Worry over elder catastrophe without adequate resources:	16	23.53%
Worry about the fate of one parent when other dies:	20	29.41%
Worry about what will happen to me when I'm old:	30	44.12%
Feel / felt guilty about thinking they would be better off dead:	11	16.18%
Feel / felt guilty about wanting my life back:	14	20.59%
If other, please specify :	22	32%
Total Responded to this question:		68 70.83%
Total who skipped this question:		28 29.17%
Total:		96 100%

What about your elders' situation and care is/was a concern for your own brain / emotional health? Please check all that apply.

14 Hard to concentrate, my own memory is sc...  
 16 Worry over elder catastrophe without ade...  
 20 Worry about the fate of one parent when ...  
 30 Worry about what will happen to me when ...  
 11 Feel / felt guilty about thinking they w...  
 14 Feel / felt guilty about wanting my life...  
 22 If other, please specify

#### Statistics

16 Median  
 11 Min  
 30 Max



47. What about your elders' situation and care is/was a concern for your own relationships and productivity?

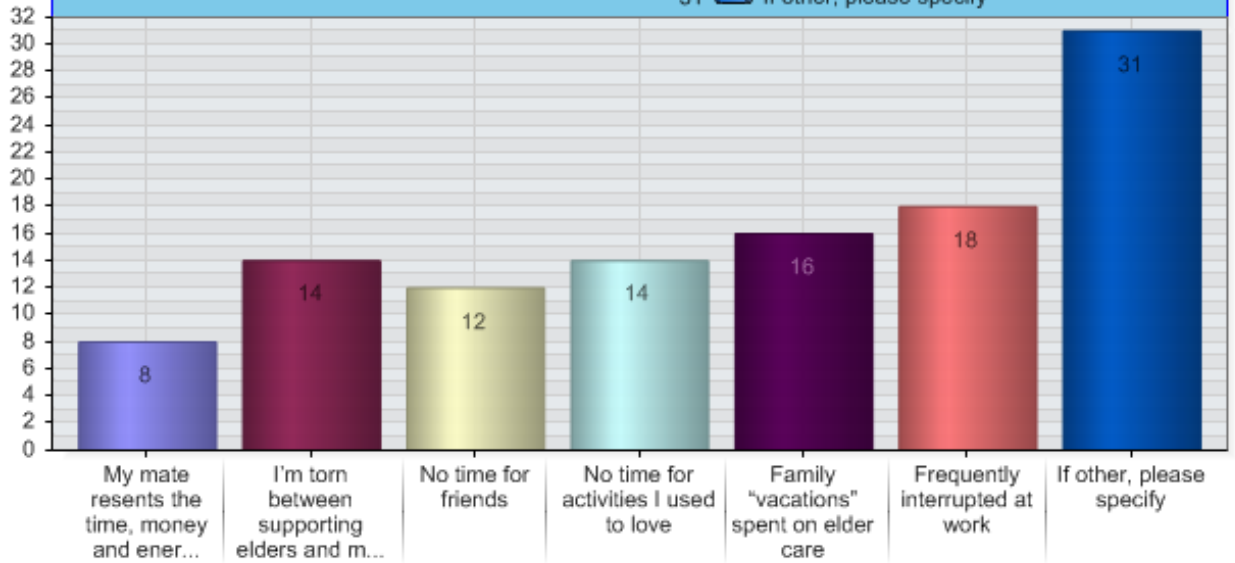
Please check all that apply.

	Responses	Percent
My mate resents the time, money and energy I spend on my elders:	8	12.12%
I'm torn between supporting elders and my kids/grandkids:	14	21.21%
No time for friends:	12	18.18%
No time for activities I used to love:	14	21.21%
Family "vacations" spent on elder care:	16	24.24%
Frequently interrupted at work:	18	27.27%
If other, please specify :	31	46%
Total Responded to this question:		66 68.75%
Total who skipped this question:		30 31.25%
Total:		96 100%

What about your elders' situation and care is/was a concern for your own relationships and productivity? Please check all that apply.

- 8 My mate resents the time, money and ener...
- 14 I'm torn between supporting elders and m...
- 12 No time for friends
- 14 No time for activities I used to love
- 16 Family "vacations" spent on elder care
- 18 Frequently interrupted at work
- 31 If other, please specify

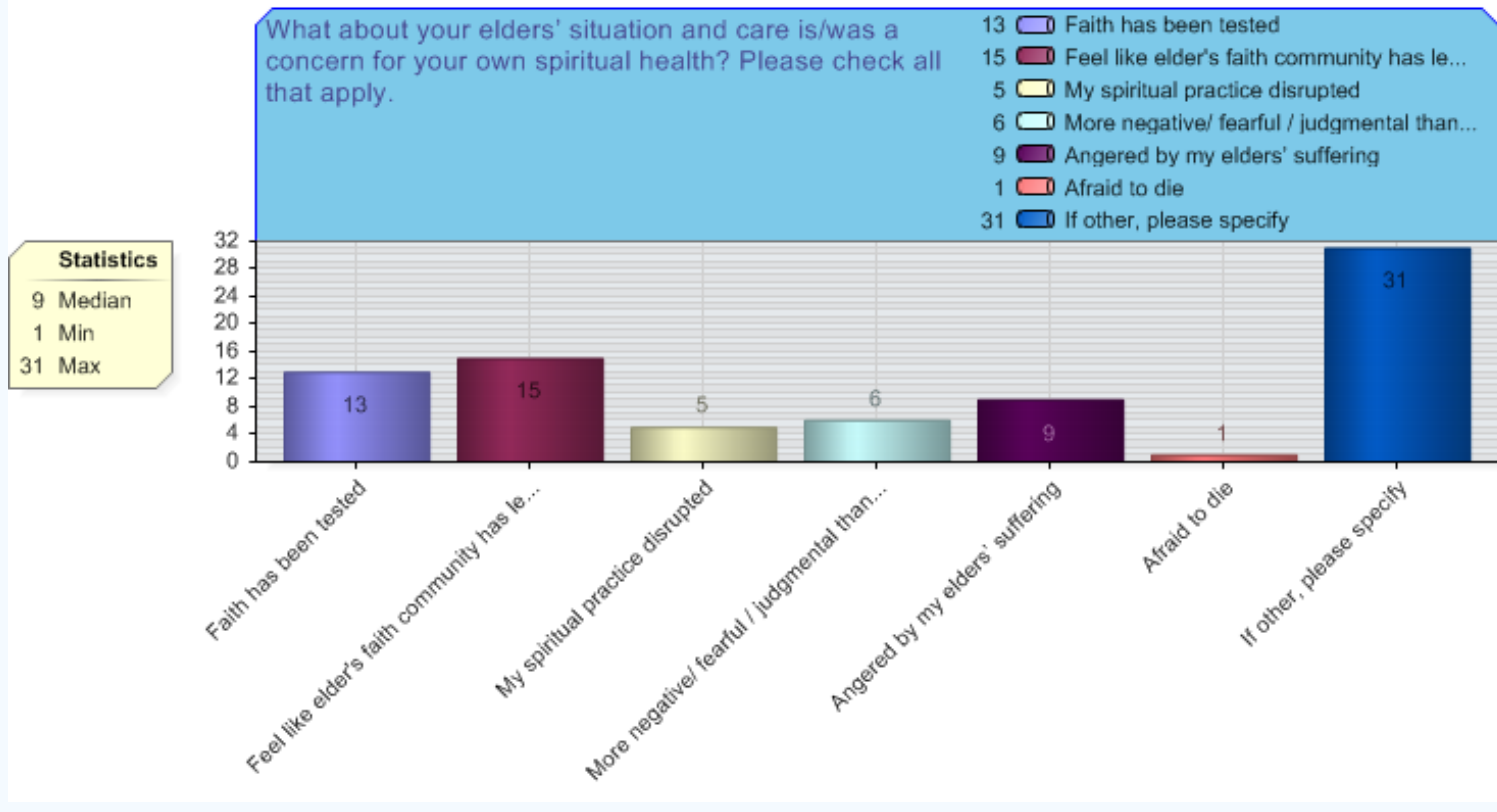
**Statistics**  
 14 Median  
 8 Min  
 31 Max




48. What about your elders' situation and care is/was a concern for your own spiritual health?

Please check all that apply.

	Responses	Percent
Faith has been tested:	13	19.7%
Feel like elder's faith community has let them down:	15	22.73%
My spiritual practice disrupted:	5	7.58%
More negative/ fearful / judgmental than I used to be:	6	9.09%
Angered by my elders' suffering:	9	13.64%
Afraid to die:	1	1.52%
If other, please specify :	31	46%
Total Responded to this question:		66 68.75%
Total who skipped this question:		30 31.25%
Total:		96 100%



#### 49. Is there anything else?

	Responses	Percent
Responses: 	24	100%
Total Responded to this question:	24	25%
Total who skipped this question:	72	75%
Total:	96	100%

Graph/Chart function not relevant for this question type.